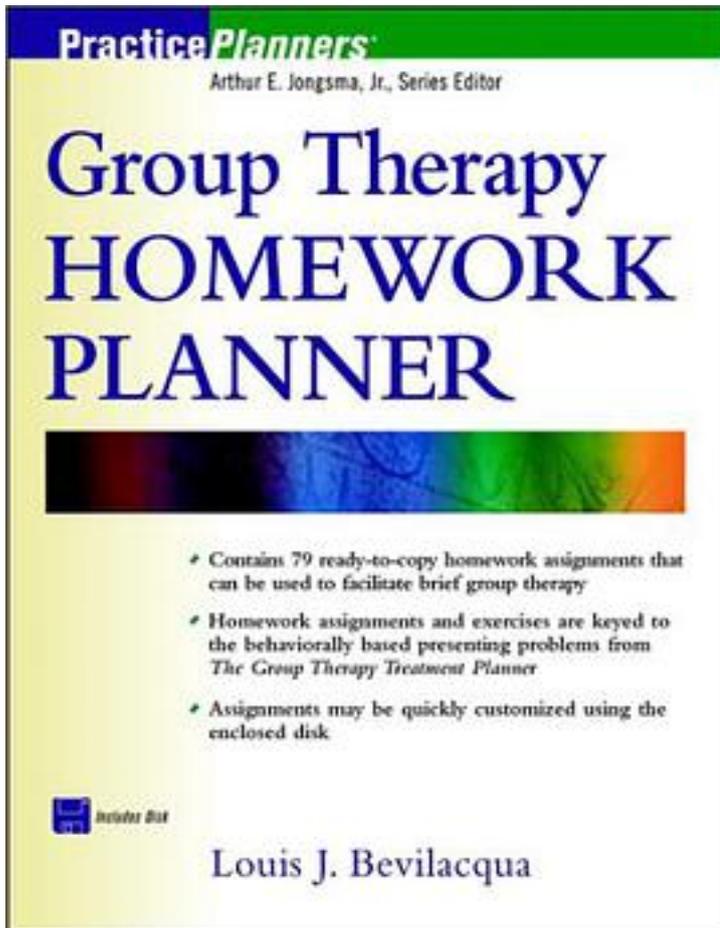


# Group Therapy Homework Planner (Book with Diskette)



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Help clients in group therapy develop the skills they need to work through problems  
Group Therapy Homework Planner provides you with an array of ready-to-use,

between-session assignments designed to help clients in group therapy. This easy-to-use sourcebook features: \* 79 ready-to-copy exercises covering the most common issues encountered in group therapy \* A quick-reference format--the interactive assignments are grouped by behavioral problem, such as anxiety, bulimia, chemical dependence, and depression \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments that are cross-referenced to The Group Therapy Treatment Planner--so you can quickly identify the right exercise for a given situation or behavioral problem \* A computer disk that contains all the exercises in a word-processing format--allowing you to customize them to suit you and your clients' unique styles and needs

作者介绍:

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