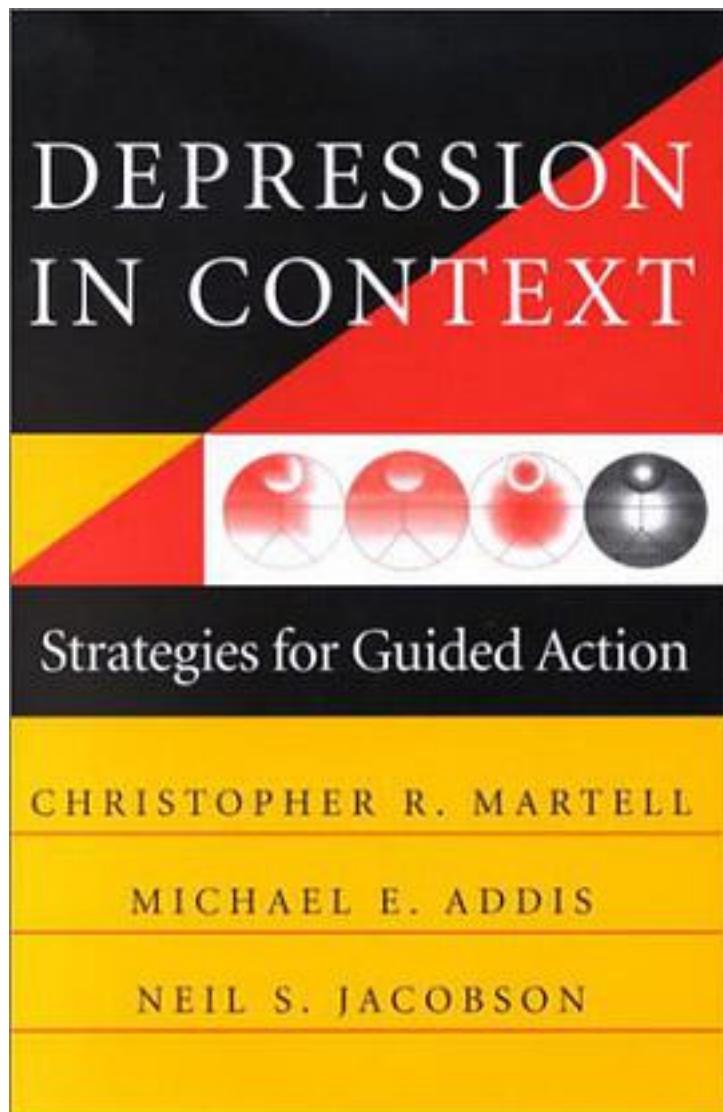


Depression in Context



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著者: Martell, Christopher R./ Addis, Michael E., Ph.D./ Jacobson, Neil S.

出版者: W W Norton & Co Inc

出版时间: 2001-6

装帧: HRD

isbn: 9780393703504

Neil Jacobson was a leader in developing and testing treatments for depression. At the time of his death in 1999, he and his co-authors had begun work on this book. It documents one of the largest clinical trials which found that treating depression by helping to activate people is as effective as helping them to change their thinking.

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