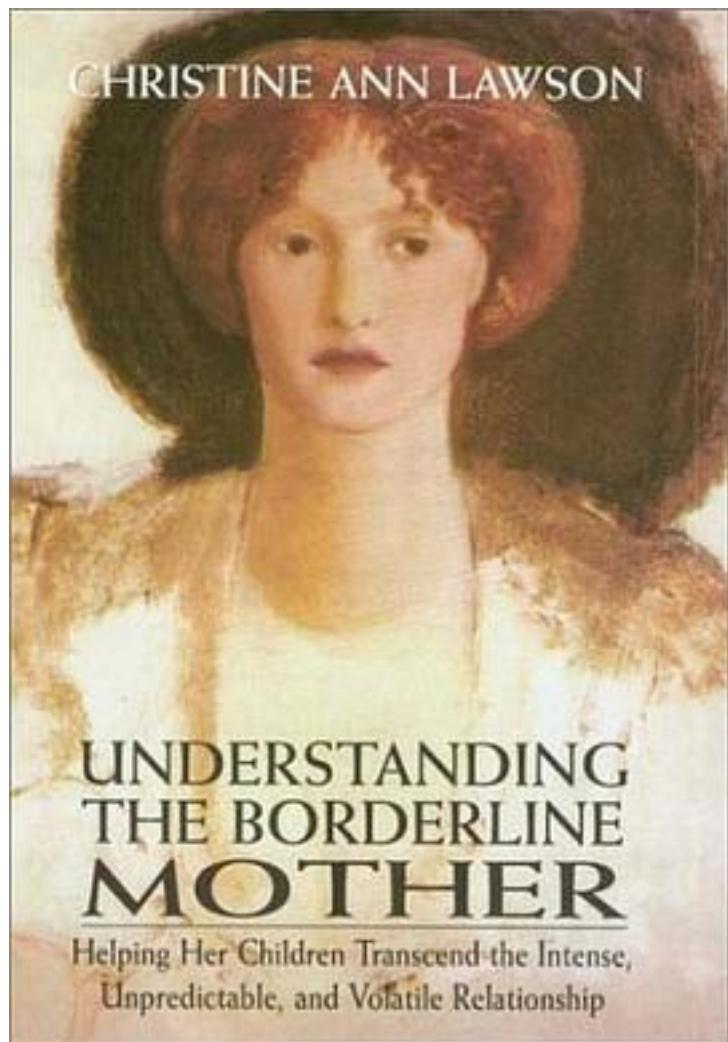


Understanding the Borderline Mother



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著者:Lawson, Christine Ann

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The first love in our lives is our mother. Recognizing her face, her voice, the meaning of her moods, and her facial expressions is crucial to survival. Dr. Christine Ann Lawson vividly describes how mothers who suffer from borderline personality disorder produce children who may flounder in life even as adults, futilely struggling to reach the safety of a parental harbor, unable to recognize that their borderline parent lacks a pier, or even a discernible shore. Four character profiles describe different symptom clusters that include the waif mother, the hermit mother, the queen mother, and the witch. Children of borderlines are at risk for developing this complex and devastating personality disorder themselves. Dr. Lawson's recommendations for prevention include empathic understanding of the borderline mother and early intervention with her children to ground them in reality and counteract the often dangerous effects of living with a "make-believe" mother. Some readers may recognize their mothers as well as themselves in this book. They will also find specific suggestions for creating healthier relationships. Addressing the adult children of borderlines and the therapists who work with them, Dr. Lawson shows how to care for the waif without rescuing her, to attend to the hermit without feeding her fear, to love the queen without becoming her subject, and to live with the witch without becoming her victim. A Jason Aronson Book

作者介绍:

克里斯蒂·安·罗森，美国临床心理学家、心理学博士、临床社工，日常工作是评估、预防、诊断和治疗心理、情绪及行为问题。她提炼自己的临床工作经验而写成本书，使得“边缘型母亲”成为全美家喻户晓的概念，引领了关注抚养者心理健康状况对儿童影响的社会趋势。

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评论

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书评

这本书适合普通人了解亲子关系，虽然主流媒体经常说父母有多爱子女，但确实有部分父母没有能力去爱自己的孩子，比如边缘性的父母，处于抑郁状态的父母等，爱是一种给与安全感的能力，当自己都惶惶不安时，又如何给与别人安全感？
边缘型指患者的精神状态介于精神病与神经症之间...

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