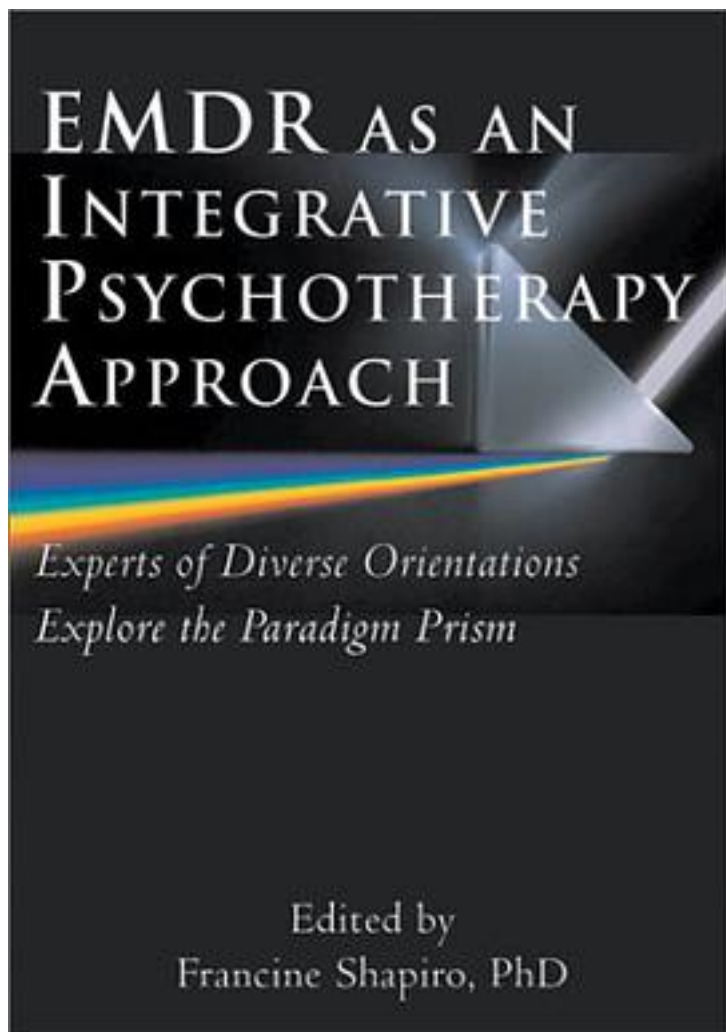


Emdr as an Integrative Psychotherapy Approach



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EMDR originator Francine Shapiro explores the latest developments and theoretical

perspectives on, and clinical implications of, this complex psychotherapy approach originally developed to treat posttraumatic stress disorder. Leading spokespersons of all major schools of psychotherapy explore how EMDR meshes with their approaches, identifying the elements and outcomes salient to their world view. They offer guidelines and techniques, amply illustrated, across a range of problems and disorders, including depression, attachment disorder, social phobia, generalized anxiety disorder, body image disturbance, marital discord, and existential angst.

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