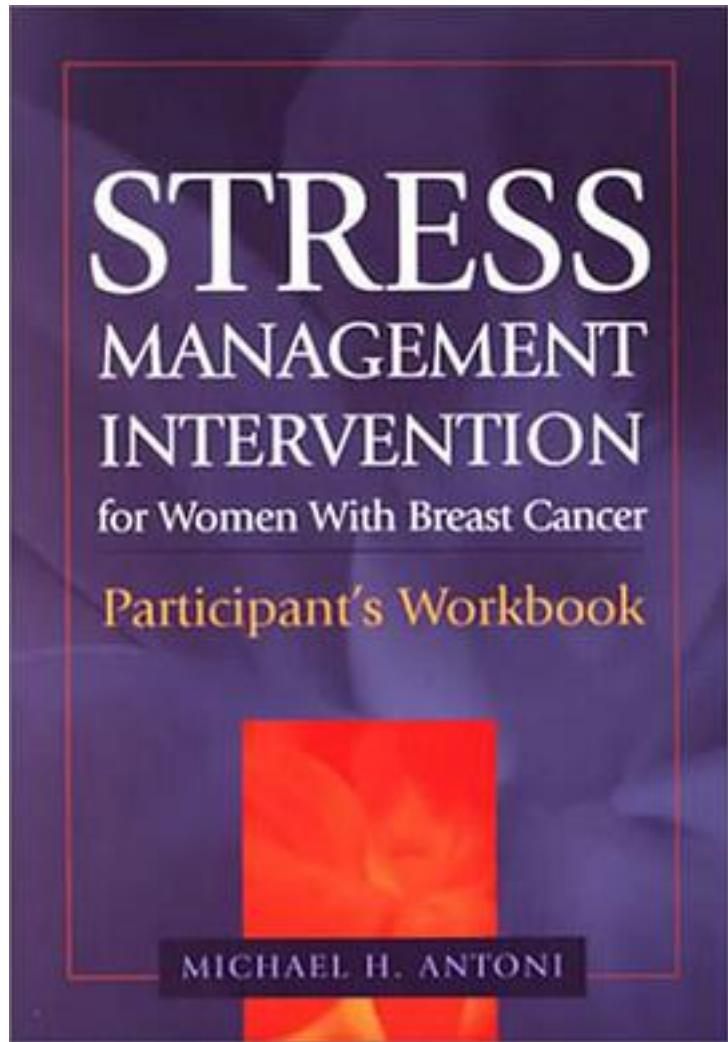


# Stress Management Intervention for Women with Breast Cancer



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This companion workbook for group participants presents valuable psychoeducational and psychotherapeutic components that teach women coping with breast cancer skills such as meditation and relaxation to overcome overwhelming stressors.

作者介绍:

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