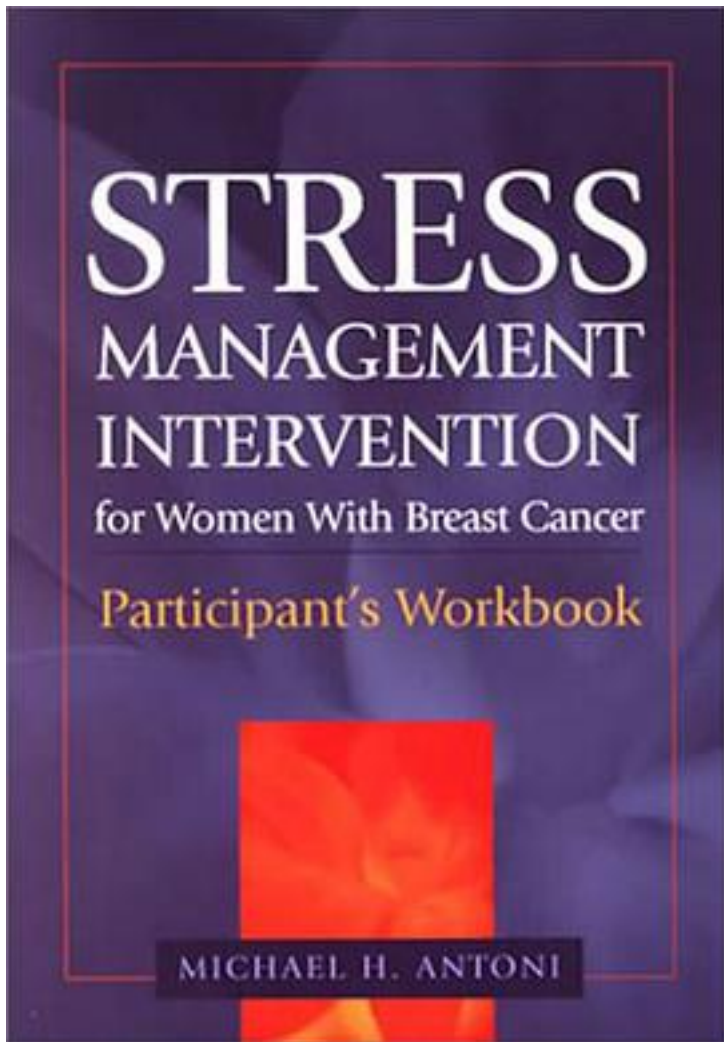


# Stress Management Intervention for Women with Breast Cancer



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出版者:Amer Psychological Assn

出版时间:

装帧:Pap

isbn:9781557989420

This companion workbook for group participants presents valuable psychoeducational and psychotherapeutic components that teach women coping with breast cancer skills such as meditation and relaxation to overcome overwhelming stressors.

作者介绍:

目录:

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