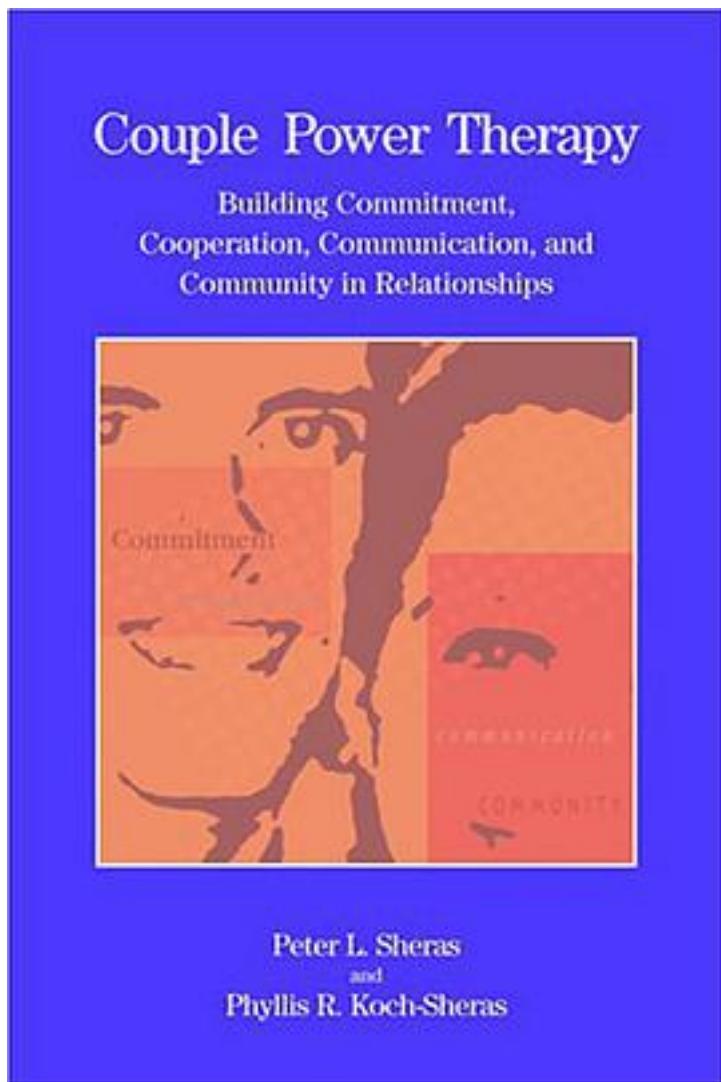


# Couple Power Therapy



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Veteran couples therapists Drs. Sheras and Koch-Sheras introduce an exciting new approach in which partners co-create a unified vision for their relationship. By using the ?4 Cs? in this order: commitment, cooperation, communication, and community, any couple can transcend their individual identities to nurture ?the couple as entity,? in effect, crafting a whole that is greater than the sum of its parts. Positive, solution-oriented, and packed with exercises and illustrative case studies, this innovative book is an indispensable resource for therapists seeking to empower their clients and equip them with the progressive and practical tools necessary for healthy, long-lasting partnerships.

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