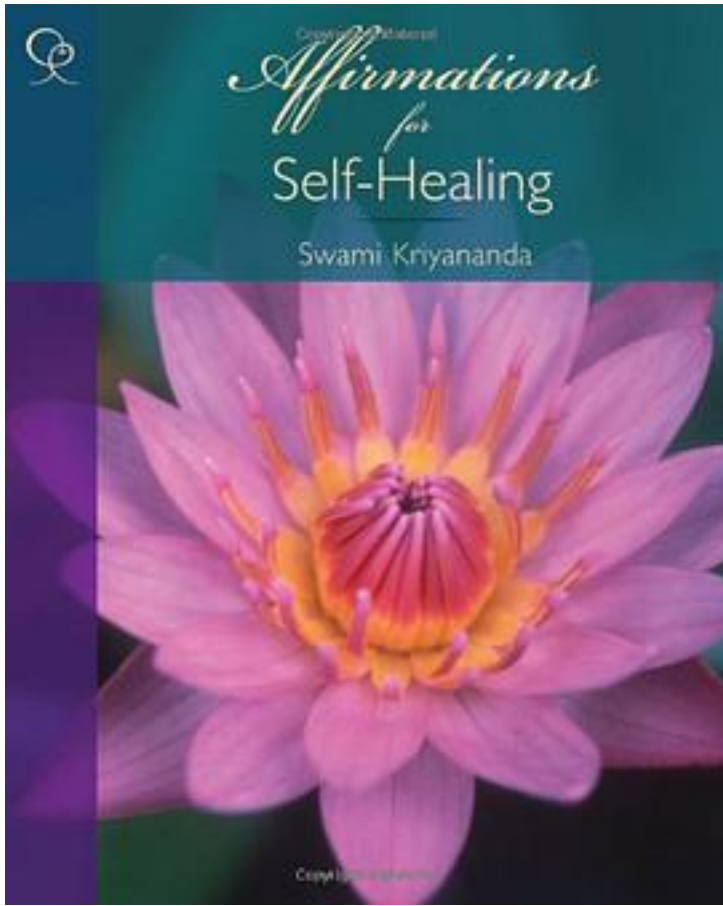


Affirmations for Self Healing



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Scientists now acknowledge that an individuals thoughts influence their physical, mental, andemotional health. People routinely enlist the help of psychologists and drugs to overcome theirdeeply rooted, harmful thoughts. This book contains 52 affirmations and prayers devoted tostrengthening positive qualities such as will power,

good health, forgiveness, security, and happiness. This is a newly revised edition of a spiritual classic, complete with a newly designed 2-color interior. J. Donald Walters is widely considered one of the world's foremost experts on personal development and spiritual practice. He is the author of more than 80 books that have sold over 3 million copies worldwide and have been translated into 27 languages.

作者介绍:

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评论

千万不要碰这本书。是鸡汤毒药。我会碰到这本书纯粹是因为白人D大叔借给我看好下次有借口再见面的套路。

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书评

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