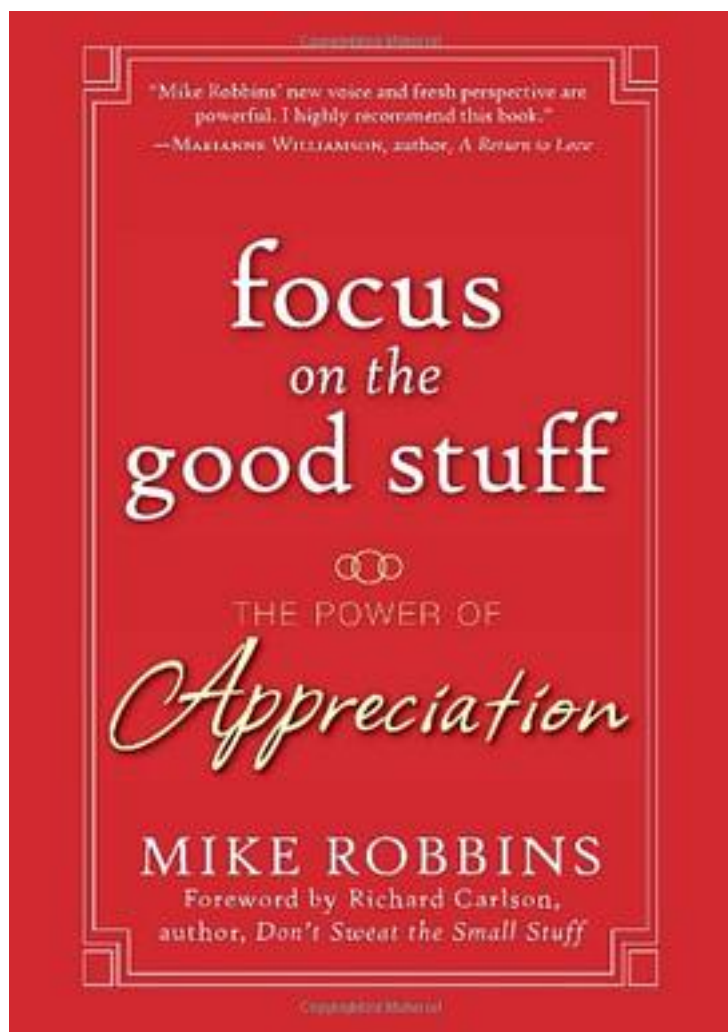


Focus on the Good Stuff



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著者:Mike Robbins

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在线阅读本书

Written by a former professional baseball player whose career was ended with an injury to his pitching arm in the middle of his third season, Focus on the Good Stuff is filled with passion, authenticity, and humor. Author Mike Robbins offers a step-by-step program with exercises for overcoming negative influence and obstacles, creating a truly grateful approach to life, and establishing an environment that can support success and peace of mind.

作者介绍:

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标签

心靈

心灵鸡汤

Self-help

评论

it's really helpful and practical, step by step, straight forward, easy to follow, easy to understand, good job!

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书评

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