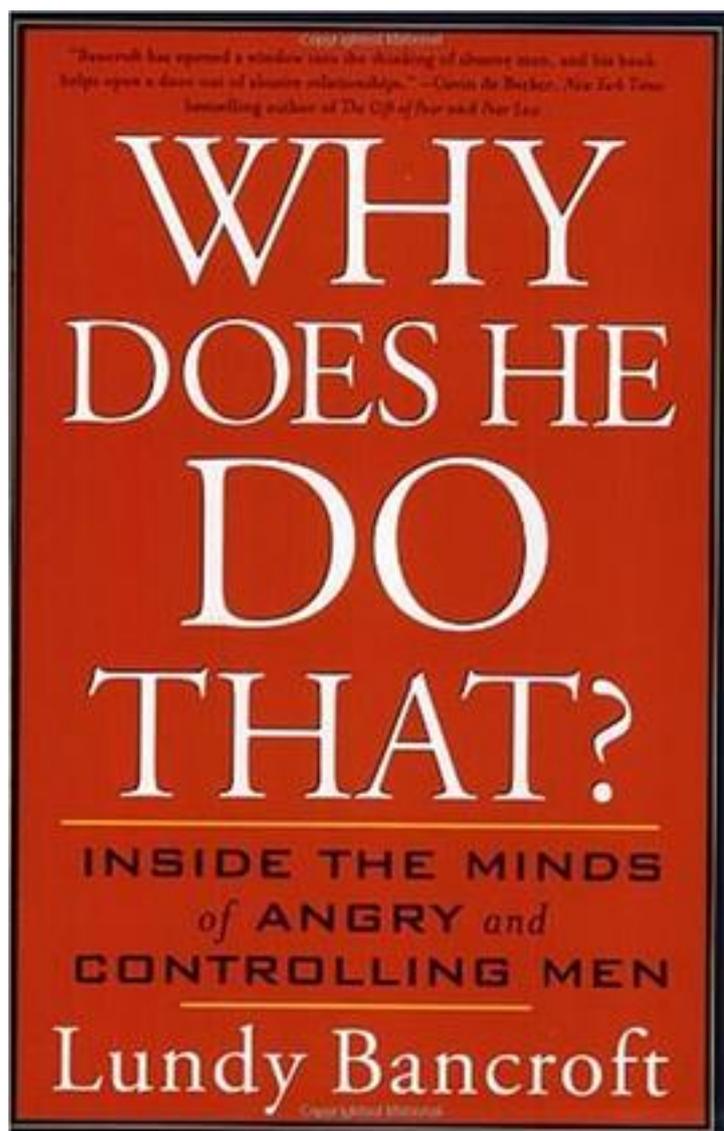


Why Does He Do That?



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著者:Lundy Bancroft

出版者:Berkley Trade

出版时间:2003-9-2

装帧:Paperback

isbn:9780425191651

"He doesn't mean to hurt me-he just loses control."

"He can be sweet and gentle."

"He's scared me a few times, but he never hurts the children-he's a great father."

"He's had a really hard life..."

Women in abusive relationships tell themselves these things every day. Now they can see inside the minds of angry and controlling men-and change their own lives. In this groundbreaking book, a counselor shows how to improve, survive, or leave an abusive relationship, with:

€ The early warning signs

€ Nine abusive personality types

€ How to tell if an abuser can change, is changing, or ever will

€ The role of drugs and alcohol

€ What can be fixed, and what can't

€ How to leave a relationship safely

作者介绍:

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标签

心理学

心理

家庭暴力

暴力

语言暴力

英文原版

自负

自恋型人格

评论

副标题是Inside the minds of angry and controlling men.

很想跟我妈讨论，我爸算charming, angry, verbal put-down, denial, blaming, lack of empathy都有。书是波士顿一个abuser counseling机构创始人写的，见过真人。self-help普及读物也很重要，太多女人困在不健康的关系里了

A fascinating book. The roots of abuse are controlling, entitlement, superiority and disrespect. Everyone should read it.

emotional abuse比physical abuse更可怕呀，就被abuse了可能都不知道。有一点需要普及的是，家暴男/女是知道自己在家暴/控制对方的，是故意而为之。应该要翻成中文版的

前面看了洗脑后面就没啥感觉了！希望一辈子自己和周围的人不会遇到家暴吧！

好书！在amazon上看这本书的评价。一本无价之宝。

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书评

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