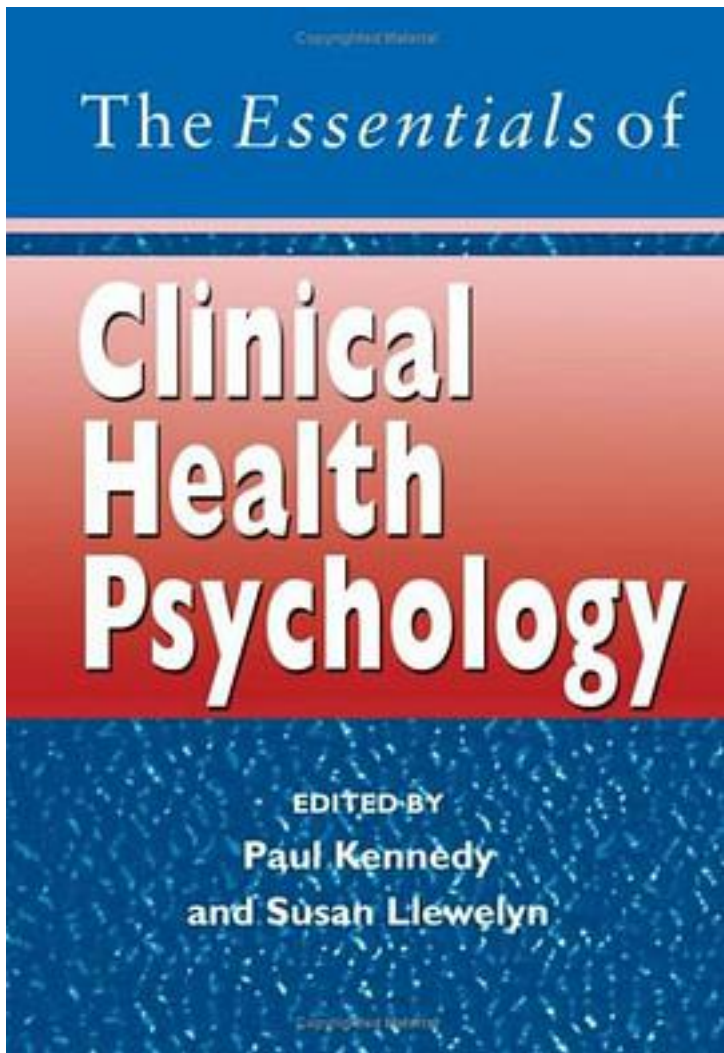


The Essentials of Clinical Health Psychology



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This selection of carefully chosen chapters from the prestigious Handbook of Clinical Health Psychology focus on the more practical issues that are of particular relevance to the busy practitioner. It is a well-referenced but practical resource, which provides an authoritative, up-to-date guide to empirically validated psychological interventions in health care. Informative and practical: a guide to action An authoritative, critical and evidence based synthesis of knowledge that will guide best practice Easy-to-use format intended for practitioners who want to ensure their practice is state-of-the-art

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