

Mood Disorders



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This is a paperback edition of the highly successful Mood Disorders, first published in 2003. The book is organised into three parts: Part I, Unipolar Depression; Part II, Bipolar Depression; and Part III, General Issues. Chapters in Parts I and II discuss classification, biological models, CBT and other treatment approaches for each disorder. Part II covers approaches to assessment, suicide and depression in older adults. The final chapter offers a summary and suggests new directions for research and practice.* Advances in clinical understanding of diagnosis, pathophysiology, comorbidity and treatment are clearly presented* Strong emphasis on a complex approach to mood disorders, with both psychological and biological perspectives on causes and treatment covered* Addresses issues such as diagnosis, the relation of depression to bipolar disorder and psychotherapeutic treatments.

作者介绍:

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