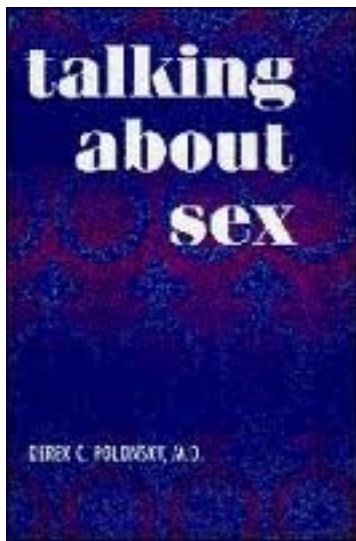


Talking About Sex



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著者:Polonsky, D.C.

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Talking About Sex takes no-nonsense look at the sexual issues that many people wonder about but are uncomfortable discussing. Based on selected letters from readers of a national magazine, this easy-to-read book contains a wealth of information on a wide variety of sexual topics, including sexual physiology, relationships, problems with sexual functioning, and treatment approaches. Dr. Polonsky's straightforward style and his question-and-answer format allow readers to thumb through and focus only on those topics important to them. Alternatively, they may choose to read the book cover to cover. Readers may even find themselves asking, 'Why didn't they teach us that in sex education?' This book offers no magical cures; what it does offer, however, is a frank, open discussion of people's sexual lives—the personal fears, medical and health issues, family considerations, and social dilemmas we all face. Although it is written for adults, Talking About Sex provides parents with factual information they can use as a resource in communicating with their children about sex. The questions posed are real-life. Dr. Polonsky's answers are

down-to-earth and reassuring. Throughout the book, he puts a positive emphasis on healthy sexual development.

作者介绍:

目录:

[Talking About Sex_ 下载链接1](#)

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[Talking About Sex_ 下载链接1](#)

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