

# Invitation to Personal Construct Psychology

## Invitation to Personal Construct Psychology

Second Edition

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This 'invitation' focuses on questions of personality in everyday life that intrigue and puzzle us. In this way, we are introduced to both the principles and the fascinating methods of the psychology of personal constructs. This second edition incorporates the recent work on trauma and grieving that has been produced by psychotherapists in this field. It also includes a guide to up to date developments in constructivist theory and method. Without losing sight of the important issues that we all encounter in our lives, the authors provide a compelling invitation to this approach to personality. Written in plain English, with numerous examples, they show how we both make and find meaning in the world that confronts us.

作者介绍:

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