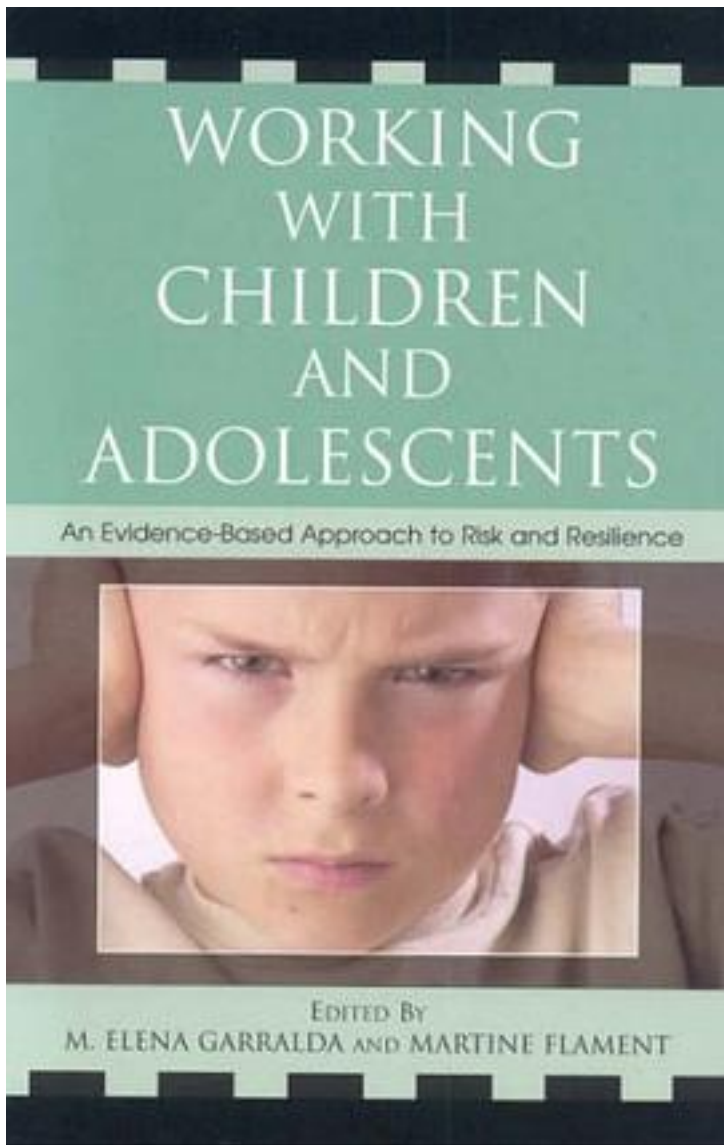


# Working with Children and Adolescents



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In recent years there has been an increased emphasis on improving our understanding of factors that contribute to the development of child and adolescent mental health problems. This is important in order to help efforts at prevention and to inform clinical practice. Working with Children and Adolescents reflects current worldwide knowledge about different types of risk and resilience factors for child psychopathology, ranging from the biological to the psychosocial. It provides expert views supported by empirical evidence and it addresses implications for clinical practice in different settings. Contributors to this volume present the most relevant and up-to-date topics within their subject. Each chapter provides useful clinical examples, appraises critically the evidence in relation to these examples, underlines areas where evidence is lacking and highlights the relevance of findings for psychopathology as seen in clinical practice. Authors comment on resilience factors here understood as both the absence of risk or as the presence of factors that have a protective psychological effect.

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