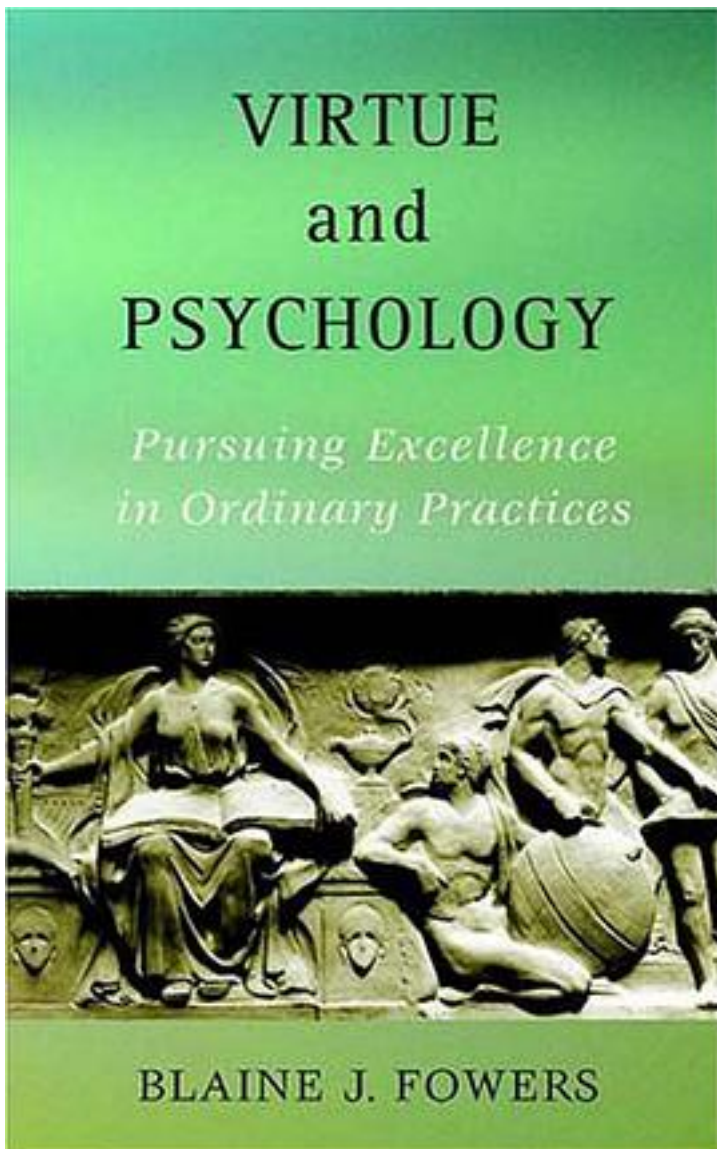


Virtue and Psychology



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出版者:Amer Psychological Assn

出版时间:2005-6

装帧:HRD

isbn:9781591472513

Virtue and Psychology issues a clarion call for psychologists and other mental health professionals to recognize the reality of virtue in social interaction. The author explores the current terrain of psychology, a field that actively avoids discussion of virtue while it implicitly endorses values such as independence and mastery. Some of these implied values derive from and feed into the individualism and instrumentalism of modern cultures, often to the detriment of individual and communal well being. Virtue and Psychology describes an alternative framework that not only acknowledges virtue, but also shows how values we hold in common may be incorporated into psychological practice, and into our lives as a whole. Indeed, according to the virtue ethics frame-work proposed in this book, professional and personal lives cannot be separated--at least if one is to lead the best possible existence.

作者介绍:

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