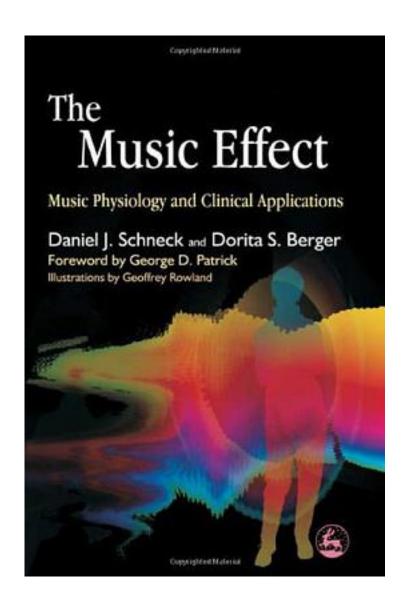
## The Music Effect



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The Music Effect is a comprehensive guide to music as an effective therapeutic tool in behaviour modification and control, stress and pain management, and rehabilitation. The authors explain what ?music? is, how it is processed by and affects the body, and how it can be applied to help a range of physiological and psychological conditions. Rhythm, melody, timbre, harmony and dynamics and their effect on the body are explored in detail, helping practitioners create effective therapy interventions that complement any system of treatment and are suitable for a range of conditions, including autism, Alzheimer's and depression. Case studies and evidence from research and practice are also provided. The Music Effect will be an essential guide for music therapists, clinicians, educators and anyone with an interest holistic therapy.

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