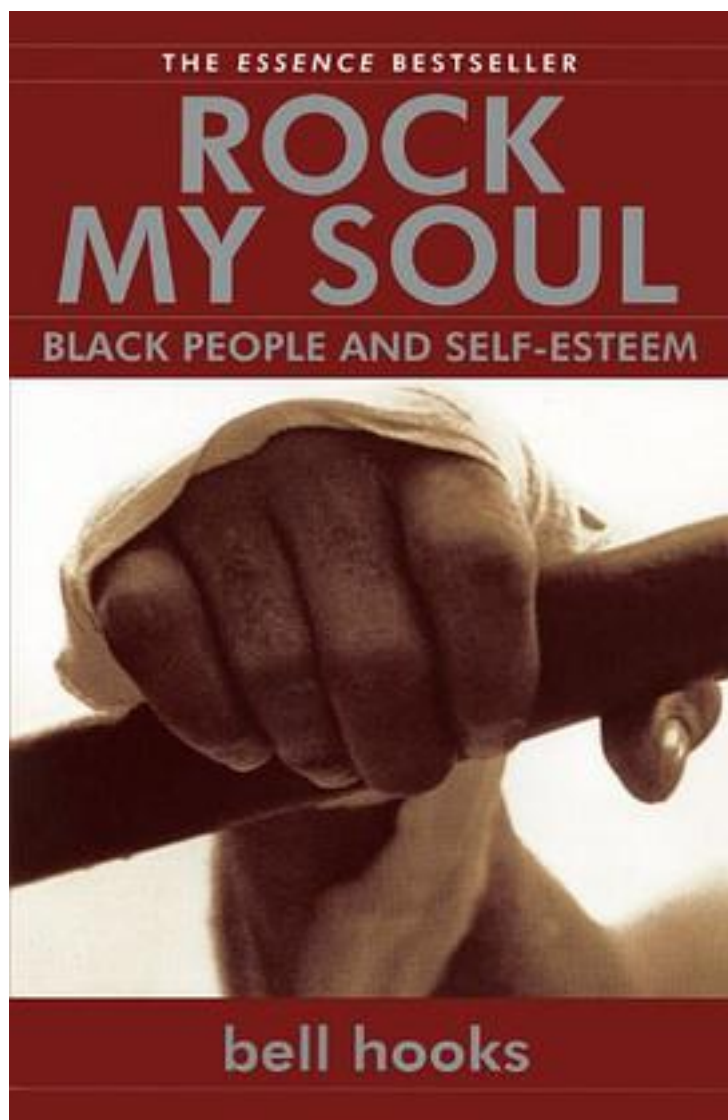


Rock My Soul



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著者:hooks, bell

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In Rock My Soul , world-renowned scholar and visionary bell hooks takes an in-depth look at one of the most critical issues facing African Americans: a collective wounded self-esteem that has prevailed from slavery to the present day. Why do so many African Americans -- whether privileged or poor, urban or suburban, young or old -- live in a state of chronic anxiety, fear, and shame? In Rock My Soul , hooks gets to the heart and soul of the African-American identity crisis, offering critical insight and hard-won wisdom about what it takes to heal the scars of the past, promote and maintain self-esteem, and lay down the roots for a grounded community with a prosperous future.

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