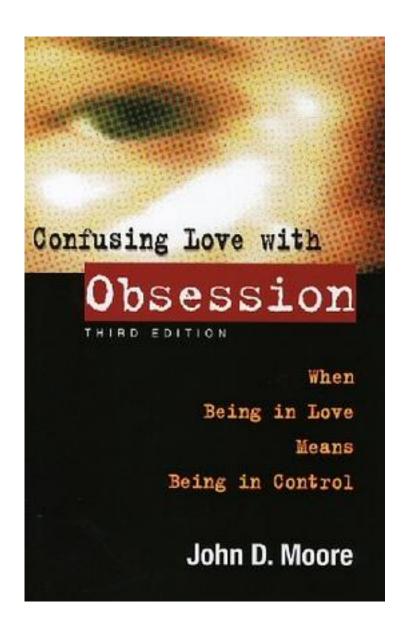
Confusing Love with Obsession



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A close and revealing look at the inner workings of people obsessed with their partners to the point of destroying the relationship on which they have come to depend. Some men and women attach themselves to destructive relationships that they cannot walk away from. They pathologically need to control their partners, using whatever means necessary, including money, sex, food, and emotions. They stalk, harass, and abuse their partners in an effort to exert control and cannot function unless they are in a relationship. Men and women who confuse love with obsession can discover healthy, loving relationships with others but only when they learn to have a healthy, loving relationship with themselves.

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作者介绍:
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评论

案例分析相当丰富,有助于读者发现自己的控制行为。前几个故事很震撼,可看到后面就觉得大同小异:主角们小时候家庭环境都不好,从而造成了成年后的各种控制行为,虽然控制手段可能有所不同。最后的自我开导部分比较平庸,不如主体的案例部分精彩

。 话说回来,那些事例中的男男女女虽然后来被畸形的恋爱所困扰,可好歹都经历过初期 的甜蜜期,也算是幸福过的呀~~

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书评

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