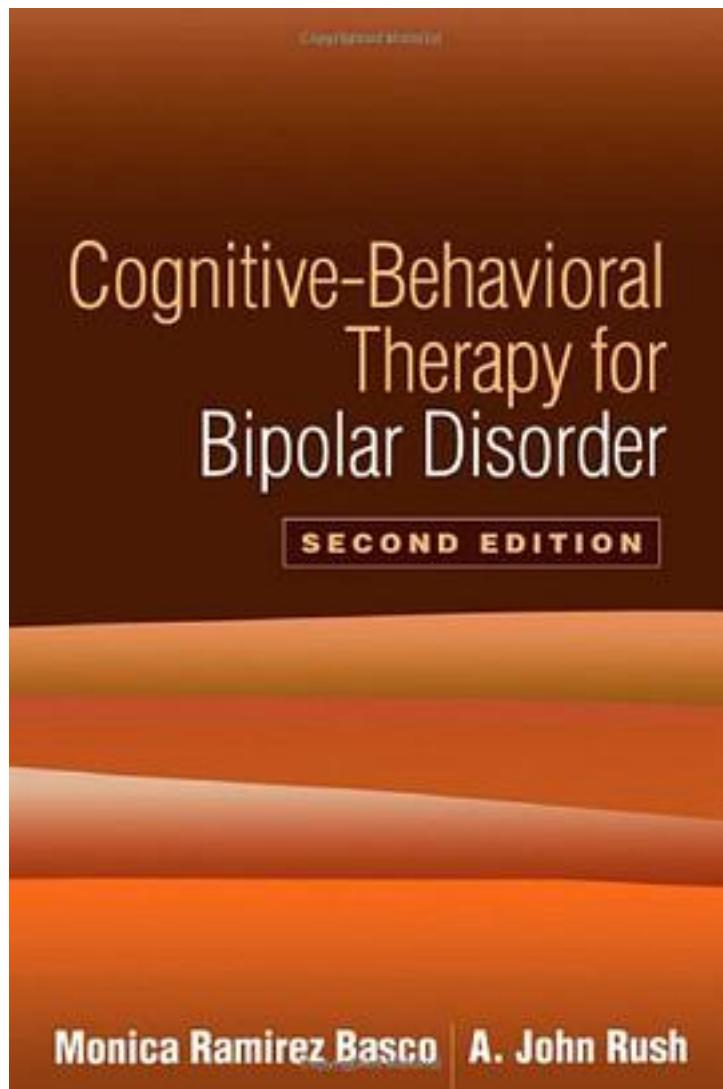


# Cognitive-behavioral Therapy for Bipolar Disorder



[Cognitive-behavioral Therapy for Bipolar Disorder 下载链接1](#)

著者:Basco, Monica Ramirez/ Rush, A. John

出版者:Guilford Pubn

出版时间:2007-3

装帧:Pap

isbn:9781593854843

From leading scientist-practitioners, this pragmatic, accessible book provides a complete framework for individualized assessment and treatment of bipolar disorder. It addresses the complexities of working with individuals with broadly varying histories and clinical presentations, including those who have been recently diagnosed, those who are symptomatically stable, and those who struggle day to day to achieve symptom remission. Extensive case material illustrates proven strategies for conceptualizing patients' needs and working collaboratively to help them adhere to medication treatments, recognize the early warning signs of manic and depressive episodes, build coping skills, and manage specific symptoms. The second edition is a complete revision of the original volume, updated and restructured to be even more user friendly for clinicians.

作者介绍:

目录:

[Cognitive-behavioral Therapy for Bipolar Disorder](#) [下载链接1](#)

标签

评论

---

[Cognitive-behavioral Therapy for Bipolar Disorder](#) [下载链接1](#)

书评

---

[Cognitive-behavioral Therapy for Bipolar Disorder](#) [下载链接1](#)