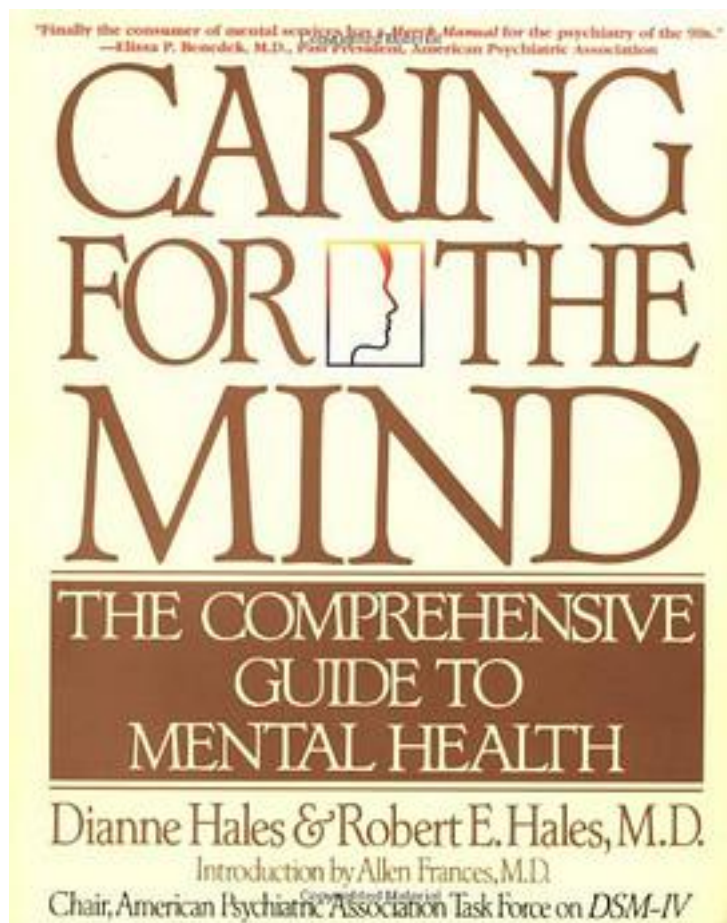


Caring for the Mind



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More than 27 million adults and 7.5 million children in the United States have a diagnosable mental disorder--more than the combined total of people with cancer, heart disease, and lung disorders. This book is the indispensable guide to mental health and mental disorders that they and their families need. It offers lucid

presentations of these conditions in systematic form: what each is, signs and symptoms, causes, diagnosis, treatment (therapy, medications, self-help), risks and complications, impact on relationships, and prognosis. Enhancing the book's usefulness are checklists, vivid case histories, and a special feature for each disorder: the diagnostic criteria of the American Psychiatric Association's definitive Diagnostic and Statistical Manual of Mental Disorders, 4th Edition, known as DSM-IV.

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