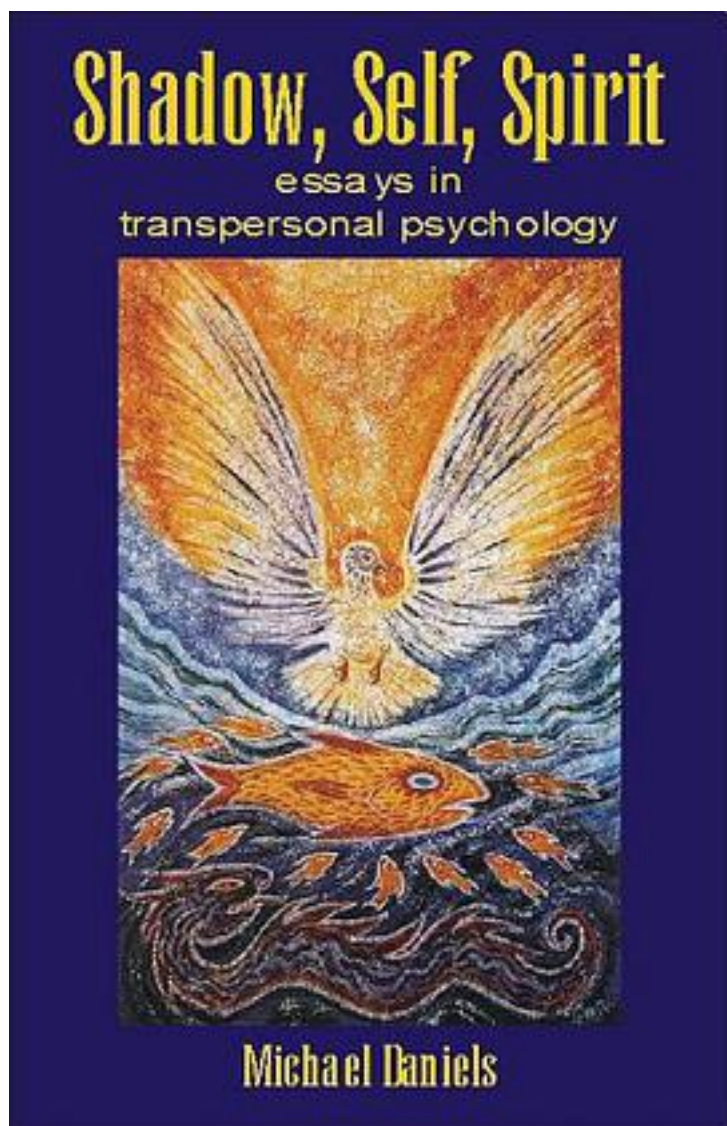


Shadow, Self, Spirit



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Transpersonal psychology concerns the study of those states and processes in which people experience a deeper sense of who they are, or a greater sense of connectedness with others, with nature, or the spiritual dimension. Pioneered by respected researchers such as Jung, Maslow and Tart, it has nonetheless struggled to find recognition among mainstream scientists. Now that is starting to change. Michael Daniels teaches the subject as part of a broadly-based psychology curriculum, and this book brings together the fruits of his studies over recent years.

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