The Complete Family Guide to Schizophrenia

Helping Your Loved One Get the Most Out of Life

The Complete Family Guide to Schizophrenia



Kim T. Mueser, PhD and Susan Gingerich, MSW

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Do people with schizophrenia ever get better? With the vast majority of those with the disorder dependent on their families for care, close relatives often grapple with that question. The Complete Family Guide to Schizophrenia inspires hope. Authors Kim T. Mueser, PhD, and Susan Gingerich, MSW, walk readers through a range of treatment and support options that can lead to a better life for the entire family. Individual chapters highlight special issues for parents, siblings, and partners, while other sections provide tips for dealing with problems including cognitive difficulties, substance abuse, and psychosis. Families learn to help their loved ones manage day-to-day tasks, develop friendships, and set personal life goals. Like no other book, this powerful, practical resource helps families stay connected to the individual behind the disorder so they can work together toward recovery.

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那段心惊胆战的日子,现在连怎么拼都记不起来了,万幸,感恩,珍惜。

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