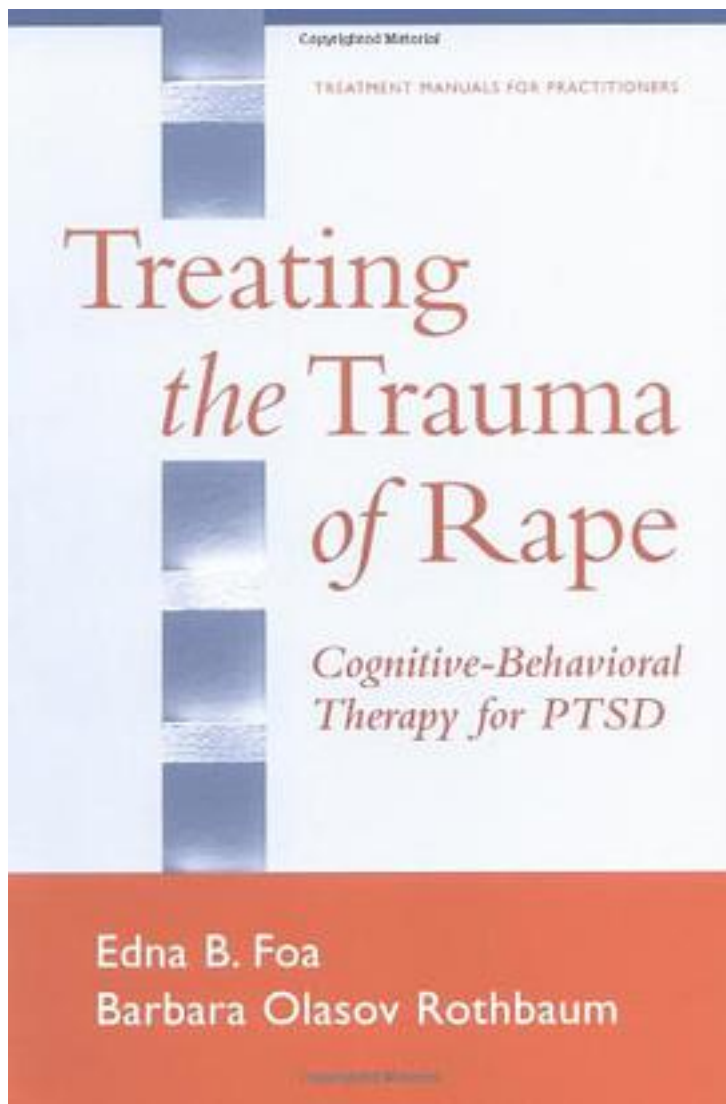


Treating the Trauma of Rape



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Informed by the latest research and written by two of the leading authorities in the field, this invaluable resource presents step-by-step guidelines for assessing and treating sexual assault survivors suffering from PTSD. The book provides a clear review of the treatment literature and guides the clinician in designing individualized cognitive-behavioral treatment programs for traumatized women. Complete instructions are given for sensitively gathering needed information and delivering effective time-limited interventions. Enhancing the book's clinical utility are numerous case examples illustrating how to implement core cognitive-behavioral techniques and deal with common problems and complications in treatment. Mental health professionals, including clinical psychologists, psychiatrists, social workers, nurses, and rape crisis counselors, as well as students and trainees in these fields.

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