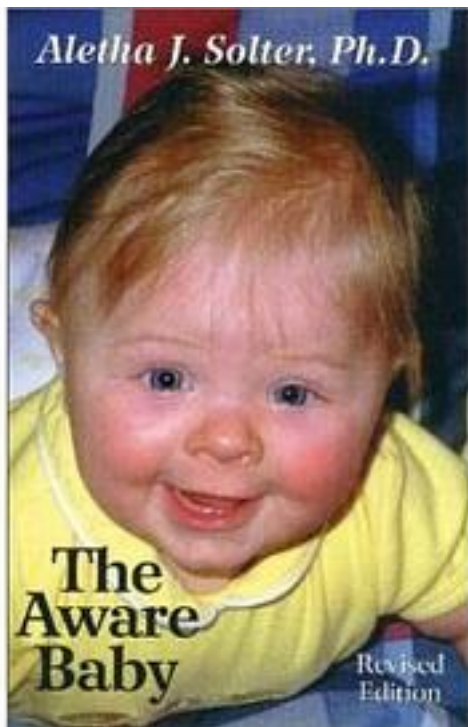


# The Aware Baby



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The Aware Baby marks a major breakthrough in our understanding of babies' needs from conception to two-and-a-half years of age. Now translated into eleven languages, it has contributed to a revolution in parenting around the world. This revised edition includes new research and insights from the author's extensive experience as a consultant and international workshop leader. This book will teach you how to bond with your infant, respond to your baby's crying, enhance your baby's intelligence, help your baby sleep better, find alternatives to punishment, and raise your child to be non-violent.

## 作者介绍:

Aletha Solter is a Swiss/American developmental psychologist living in Southern California. She studied with Dr. Jean Piaget in Geneva, Switzerland, where she earned a Master's Degree in human biology. She holds a Ph.D. in psychology from the University of California. Her books have been translated into many languages, and she is recognized internationally as an expert on attachment, trauma, and non-punitive discipline. She is the founder of the Aware Parenting Institute, an international organization with certified instructors in many countries.

## 目录:

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## 标签

育儿

## 评论

Chapter 2: 如何看待宝宝哭，写得很不错，但是关于是不是control pattern，各位宝妈，自有自己想法～

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## 书评

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