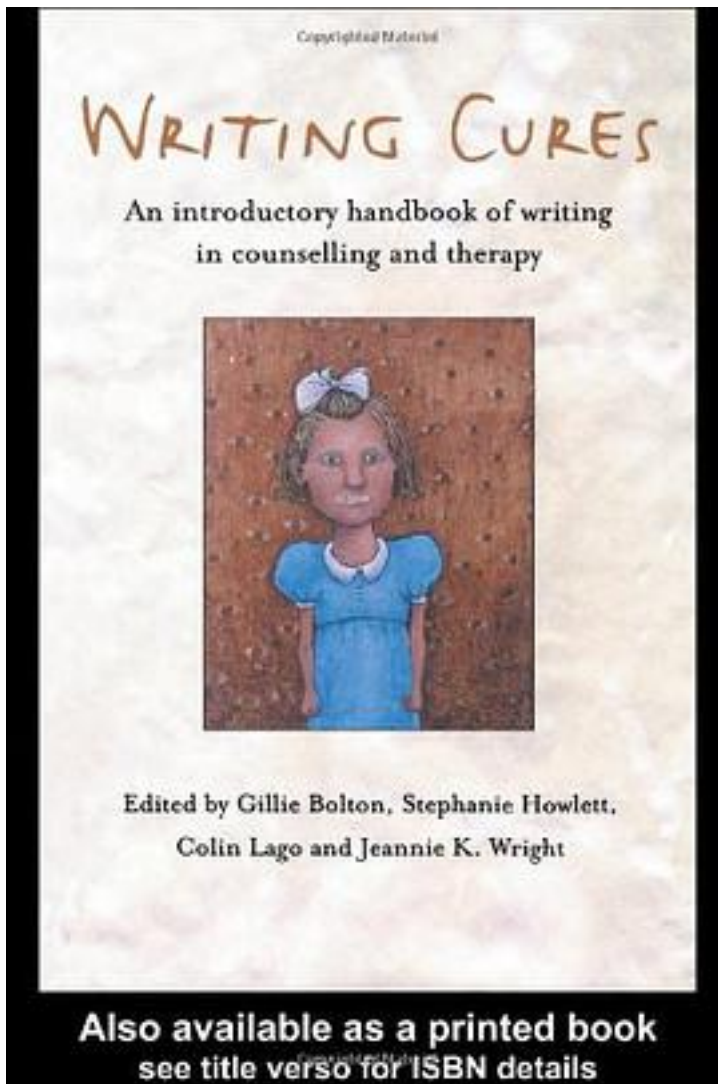


Writing Cures



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出版者: Routledge

出版时间: 2004-4

装帧: Pap

isbn: 9781583919125

Writing Cures demonstrates the power of expressive and reflective writing in the context of therapy, whether online or text-based, enabling the practitioner to undertake writing methods with clients. It introduces the reader to therapeutic writing in a range of settings and contexts, and from a range of approaches. Illustrated throughout from clinical experience Writing Cures will be of benefit to all counsellors and psychotherapists.

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