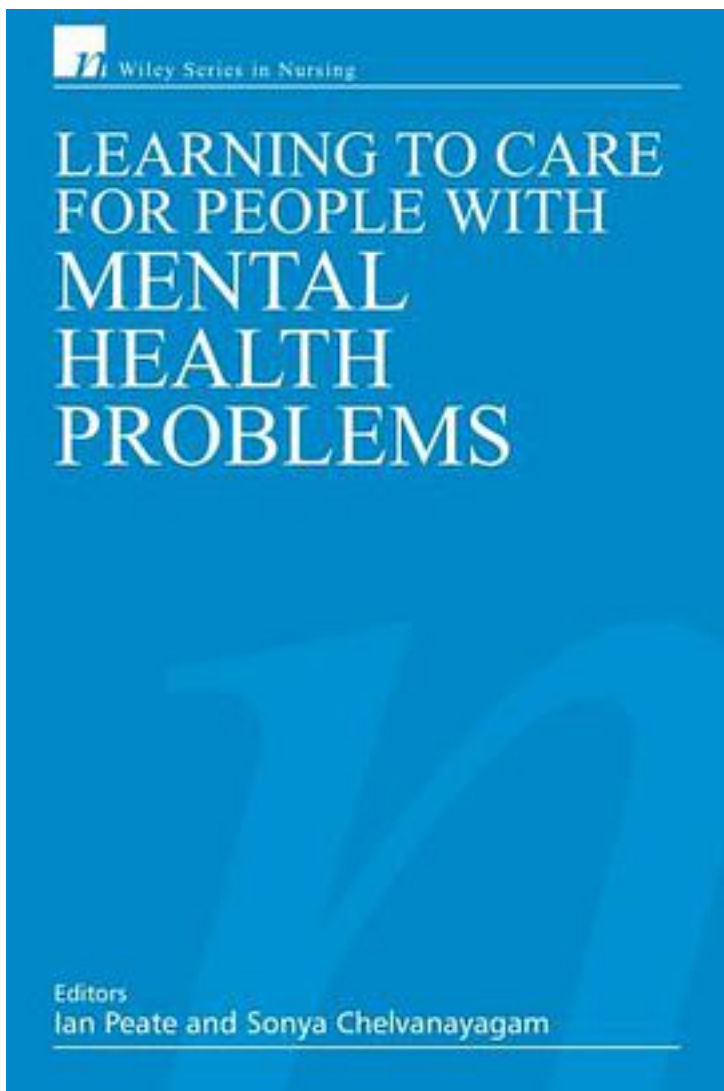


Caring for Adults with Mental Health Problems



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Mental health care provision can be complex and the approach the carer uses can have a detrimental effect on the health of the person being cared for. *Caring for Adults with Mental Health Problems* provides the reader with many examples of thoughts, ideas and perspectives in a user-friendly, easily accessible format. The chapters are divided into discrete sections reflecting contemporary care approaches. Reference to care in a range of primary and secondary care settings is made throughout the book. Each chapter provides the reader with a clear and concise approach to health care, encouraging the reader to understand and delve deeper. Written by contributors who are experienced clinicians and academics with many years of clinical and academic experience in various health care settings, this text is based upon the principles of care, a foundation text that encourages the student to grow and develop. *Caring for Adults with Mental Health Problems* is a practice-based handbook or manual that has a sound evidence basis, and one that will challenge and encourage the student to develop a questioning approach to care. The text is designed to be used as a reference book by a variety of readers in either the clinical setting, classroom or at home, in statutory or non-statutory surroundings.

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