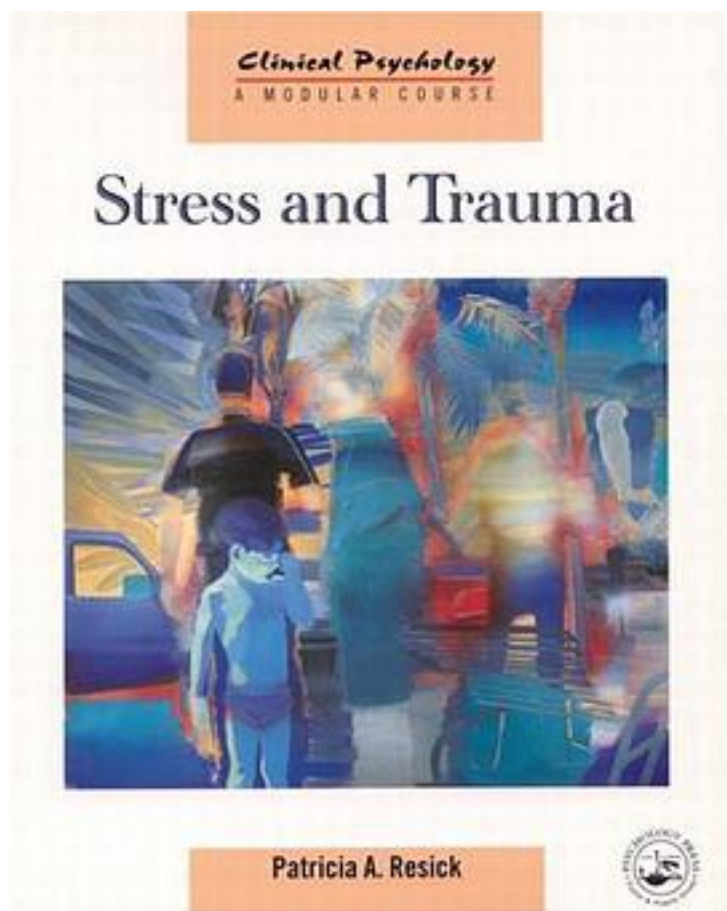


# Stress and Trauma



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出版者:Routledge

出版时间:2000-12

装帧:Pap

isbn:9781841691909

Stress and Trauma provides a well-written, accessible overview of traumatic stress studies. It reviews the full range of clinical disorders that may result from extreme stress, with particular emphasis on the most common disorder - post-traumatic stress disorder (PTSD). The book reviews research on the prevalence of trauma and the

prevalence of relevant disorders following trauma. It goes on to look at psychological theories of stress and trauma, the biology of stress and trauma reactions, and the factors prior to, during and after traumatic events that place people at particular risk for the development of psychological problems.

作者介绍:

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