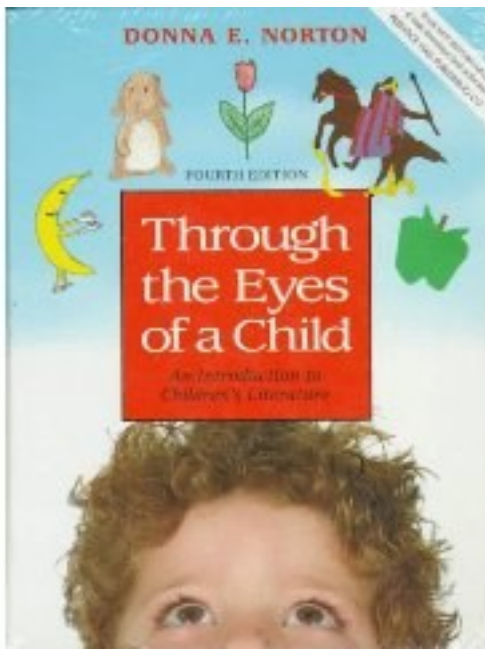


Through the Eyes of a Child



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This is the first book to explore the use of EMDR with children and adolescents. Eye movement desensitization and reprocessing (EMDR) has helped thousands of adults haunted by traumatic events. But what about children? Millions of children witness violence in the home and in the streets. Many others are traumatized by accidents, natural disasters, abuse, and neglect. This book shows that EMDR can be successfully applied to children, which can ensure their mental health, growth, and development. Through the Eyes of a Child demystifies the application of EMDR for children, from the first session with the parents to later sessions with children at all developmental stages. EMDR is also discussed as an intervention for children who have problems that are not caused by trauma. Case illustrations show how EMDR can be used with children with ADHD, anxiety, depressive, or reactive attachment disorders, as well as

learning difficulties and somatoform disorders.

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