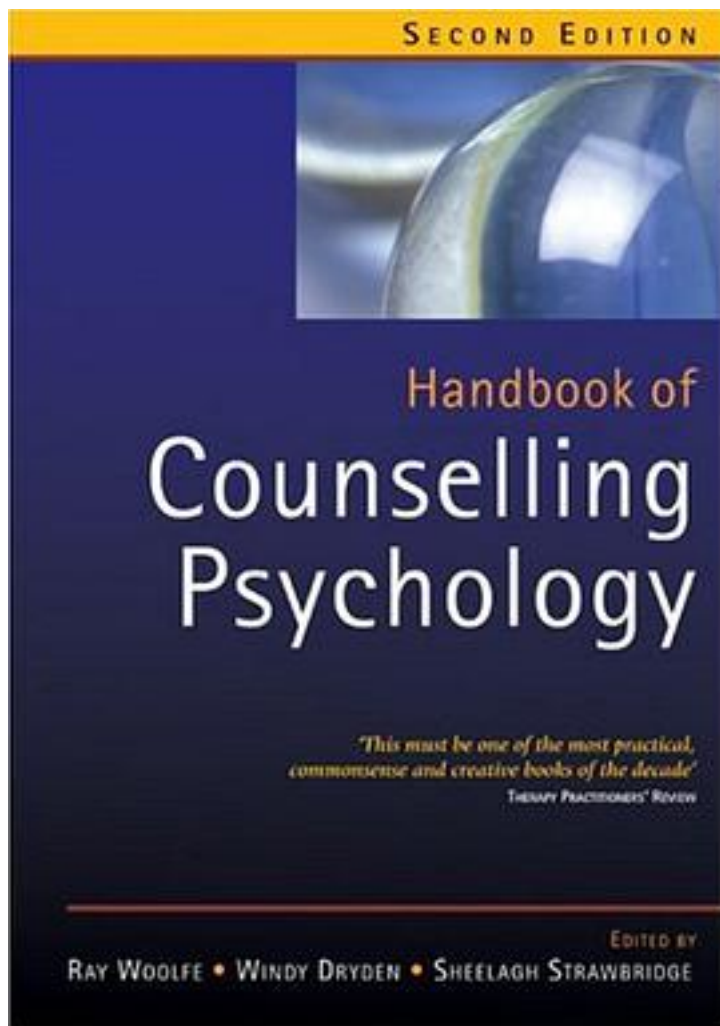


Handbook of Counselling Psychology



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'This Second Edition of the Handbook constitutes a comprehensive work which

reflects the current status of counselling psychology and highlights developmental trends for the future. It is well structured and extremely informative and is therefore an essential source of reference that should be acquired by students and professional alike' - "Stress and Health". 'The Second Edition is a developmental step forward for counselling psychology, where the discipline's stance on what constitutes science, inquiry and the nature of evidence-based practice is clearly outlined. The versatility of the text is illustrated by theoretical perspectives on practice; the framework of the life-span appreciates the developmental view where distress is seen as a part of human experience as opposed to pathology. These features contribute to a counselling psychology text that is essential reading material' - Professor Pam James, Liverpool John Moores University. "The Handbook of Counselling Psychology, Second Edition" is the definitive guide to the context, theory and practice of contemporary counselling psychology. The Handbook is highly recommended by lecturers and trainees, while for practitioners it provides an excellent source of professional reference. Bringing together the knowledge and experience of leading practitioners, the Handbook provides a uniquely comprehensive account of the major topics within counselling psychology, including: theoretical approaches; methodology; contexts of practice; psychological interventions; and, social, professional and ethical issues. Fully revised and updated, the Second Edition includes six new chapters covering: the transpersonal approach; gender issues; sexual identity; race and ethnicity; time-limited practice; and, the body. This new edition is also supported by illustrative case material and examples throughout, which show how issues arise and are addressed in practice. "The Handbook of Counselling Psychology, Second Edition" is an invaluable resource for all trainees, students, lecturers and practitioners working in counselling psychology, counselling, psychotherapy and other helping professions.

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