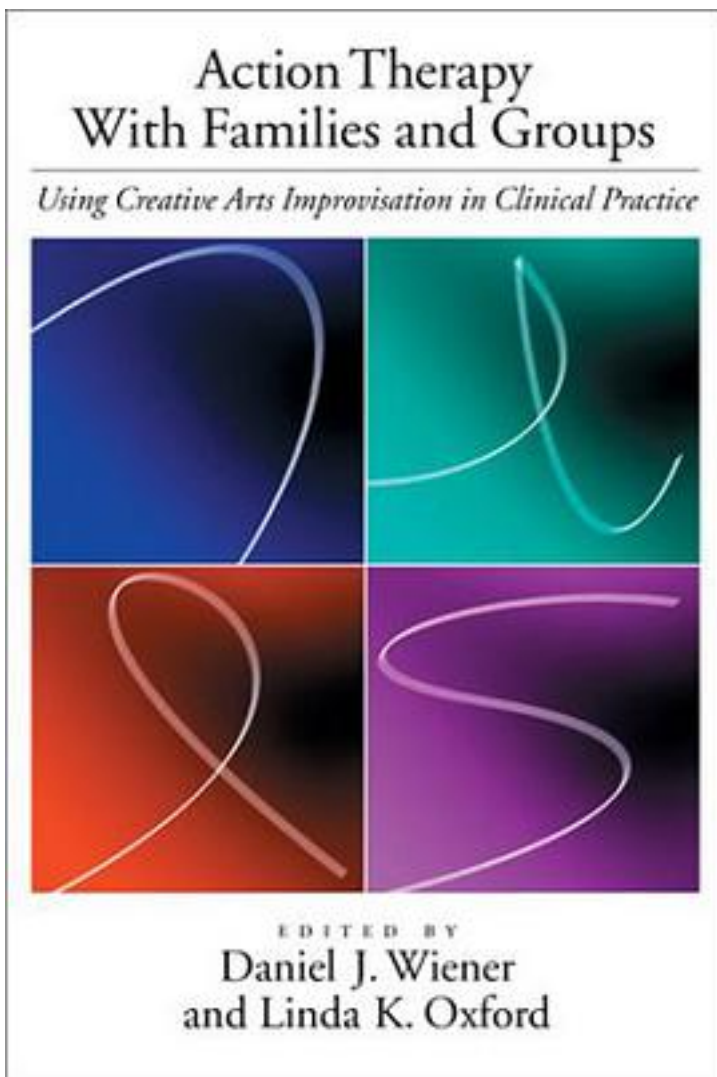


# Action Therapy with Families and Groups



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"Action Therapy With Families and Groups introduces clinicians to innovative therapeutic options that can be used with families and groups: action methods or therapy approaches involving physical movement and expressive arts techniques. These methods provide clients and therapists new ways of both looking at problems and discovering solutions to these problems.

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