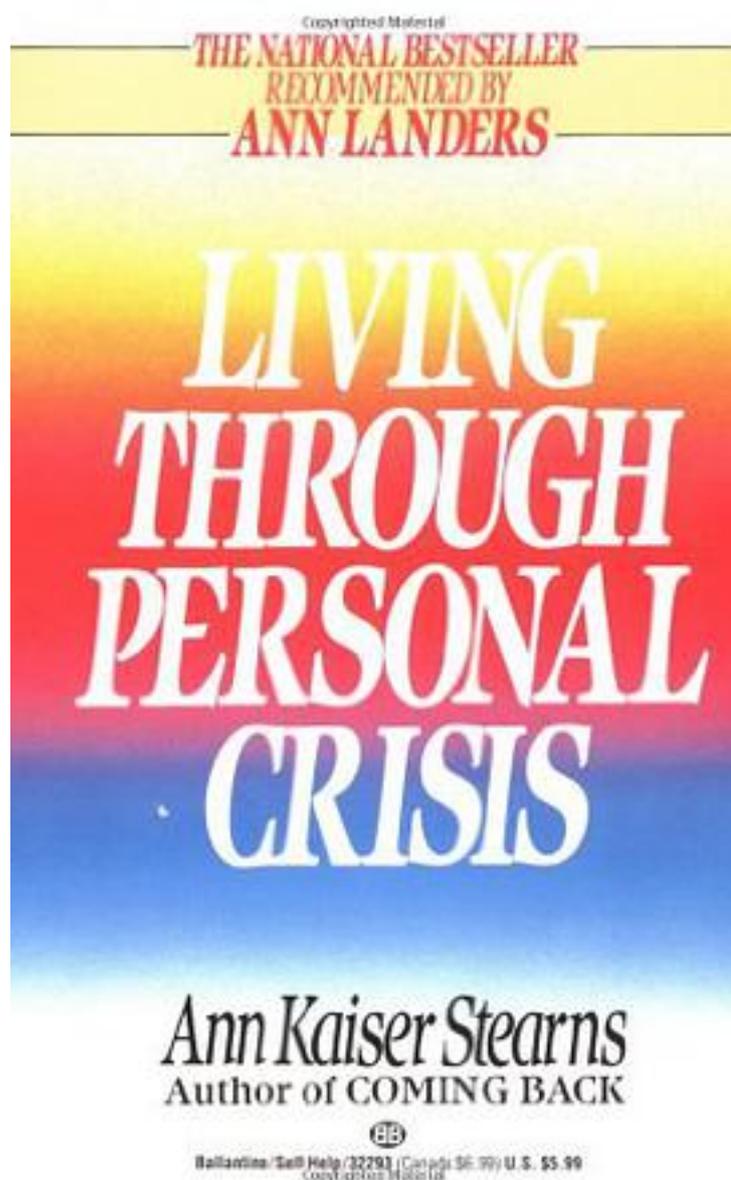


Living Through Personal Crisis



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著者:Stearns, Ann Kaiser

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ANN LANDERS

In this invaluable book, a noted professor of psychology explains how grief, as agonizing as it may be, is a natural response to life's tragedies that helps us along through anger and isolation to a lasting healing process. Professional yet compassionate, drawn from actual case histories as well as the author's own experience of living through personal crisis, it provides comforting guidance and practical day-to-day advice for those who suffer--and loved ones and friends who care.

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