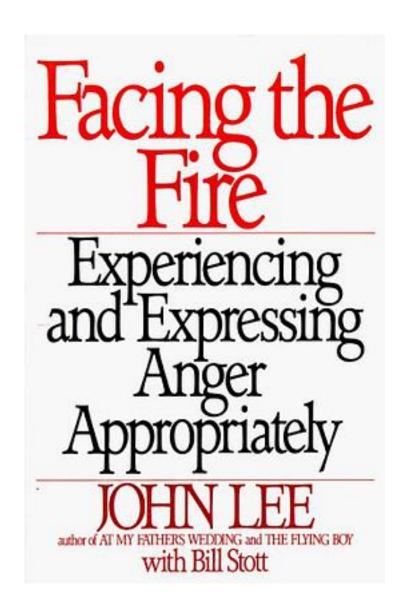
Facing the Fire



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出版者:Bantam

出版时间:1993-06-01

装帧:Paperback

isbn:9780553372403

The author of The Flying Boy describes how repressing anger can have profound effects on personal health and guides readers step by step through the process of getting past their fears.
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