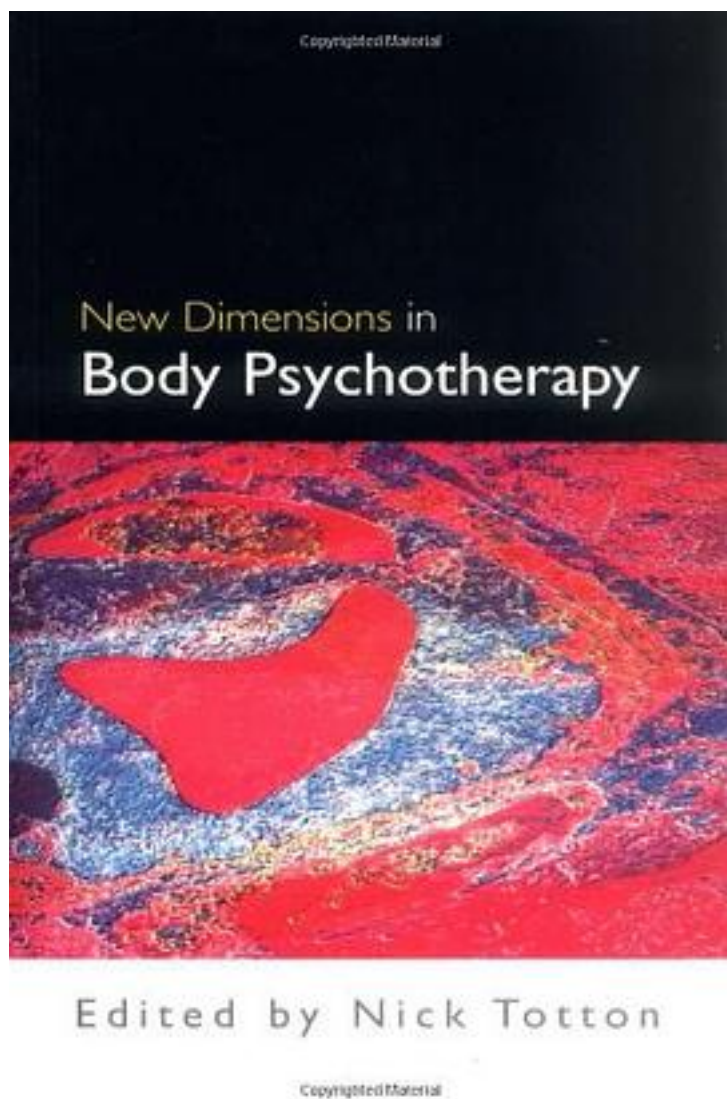


New Dimensions in Body Psychotherapy



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There is currently an explosion of interest in the field of body psychotherapy. This is feeding back into psychotherapy and counselling in general, with many practitioners and trainees becoming interested in the role of the body in holding and releasing traumatic patterns. This collection of ground-breaking work by practitioners at the forefront of contemporary body psychotherapy enriches the whole therapy world. It explores the leading edge of theory and practice, including: Neuroscientific contributions Embodied countertransference Movement patterns and infant development Freudian and Jungian approaches Continuum Movement Embodied-Relational Therapy Process Work Body-Mind Centering(R) Developmental Somatic Psychotherapy Trauma work

New Dimensions in Body Psychotherapy is an essential contribution to the 'turn to the body' in modern psychotherapy. Contributors: Jean-Claude Audergon, Katya Bloom, Roz Carroll, Emilie Conrad, Ruella Frank, Linda Hartley, Gottfried Heuer, Peter Levine, Yorai Sella, Michael Soth, Nick Totton, David Tune.

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目录:

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