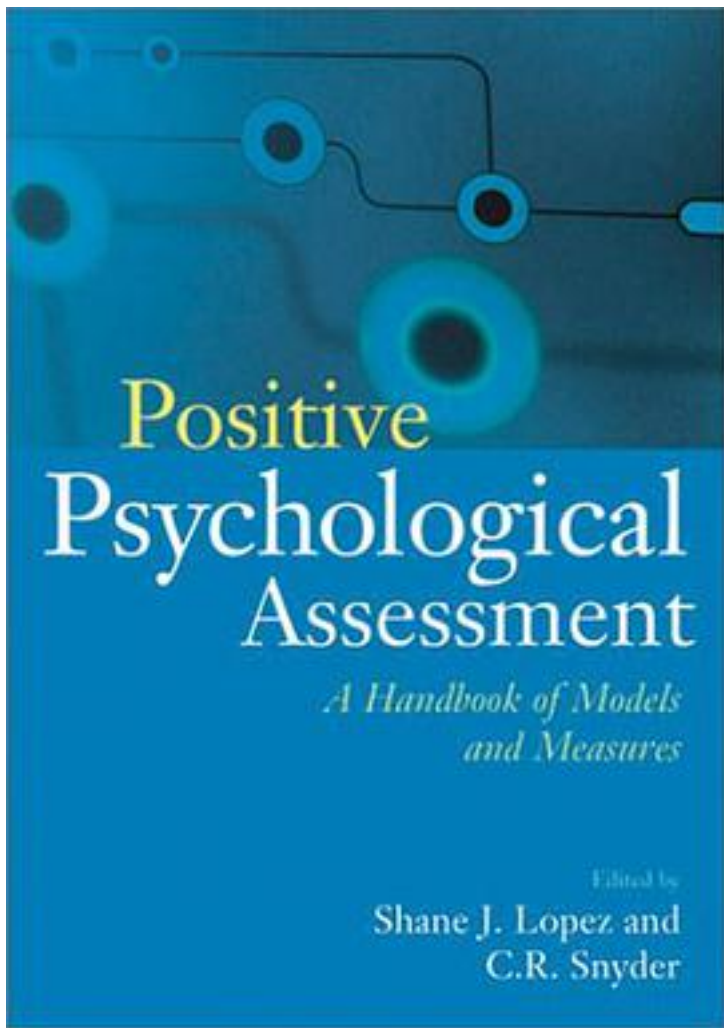


# Positive Psychological Assessment



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This volume is a primer for practitioners and researchers striving to incorporate

assessment of human strengths, resources, and fulfillments into their work. Contributors aptly examine the scientific underpinnings and practical applications of measures of hope, optimism, self-efficacy, problem-solving, locus of control, creativity, wisdom, courage, positive emotion, self-esteem, love, emotional intelligence, empathy, attachment, forgiveness, humor, gratitude, faith, morality, coping, well-being, and quality of life. Vocational and multicultural applications of positive psychological assessment are also discussed, as is the measurement of contextual variables that may facilitate the development or enhancement of human strength. The variety of perspectives offered will be immensely helpful to readers who wish to incorporate balance into their assessments and research through the integration of theoretically grounded positive measures.

作者介绍:

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标签

心理学

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