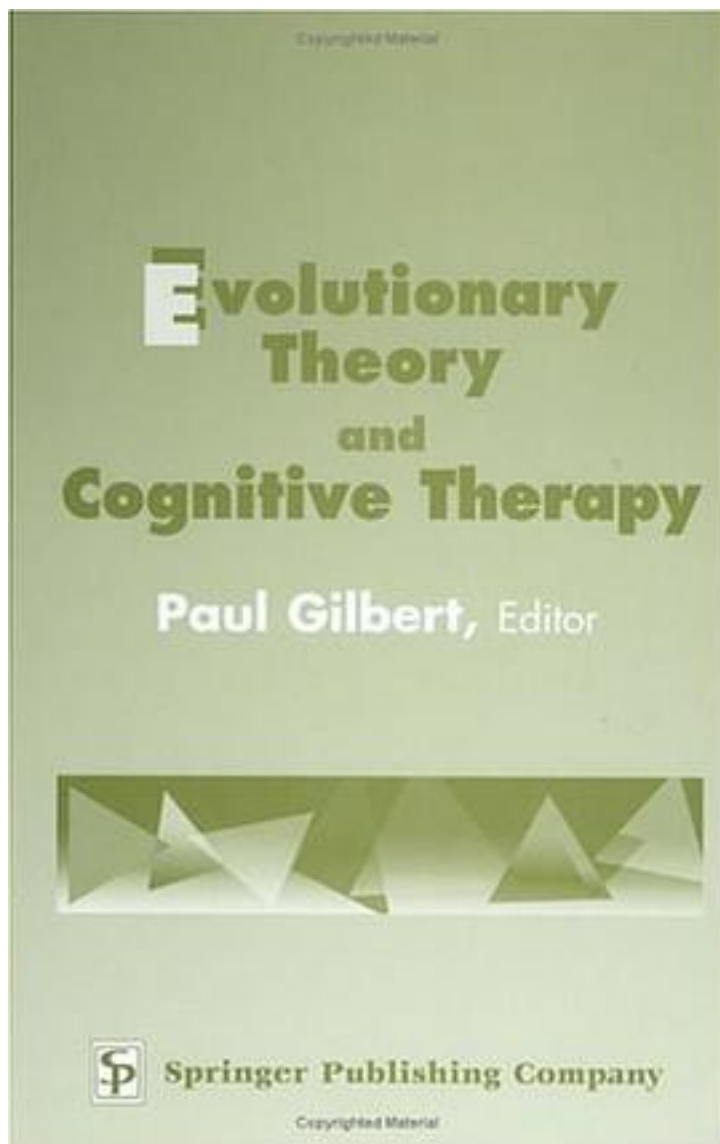


Evolutionary Theory and Cognitive Therapy



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著者:Gilbert, Paul

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The relatively new and controversial evolutionary approaches to psychopathology are examined in this collection edited by Paul Gilbert. Leading contributors explore some of the central evolutionary concepts that may have implications for cognitive theory and practice. The collection also focuses on specific problems where evolutionary-cognitive theory approach has been effective, for example on issues of optimism/pessimism, fear and anxiety, and command hallucinations in psychosis.

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