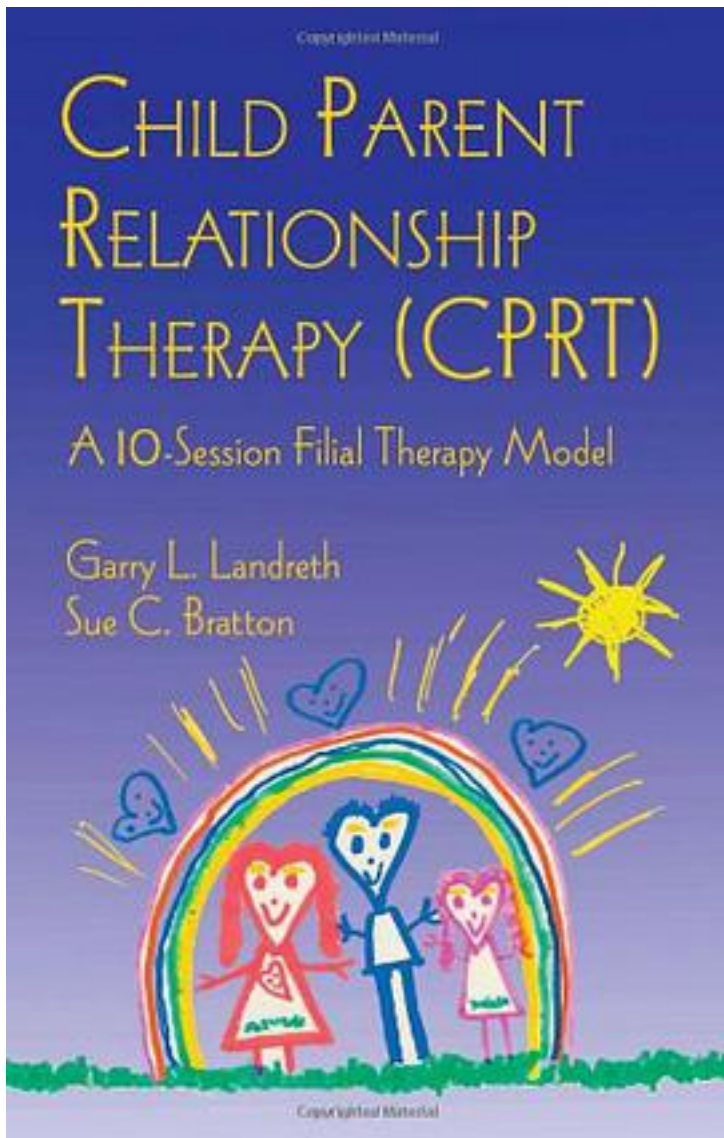


Child Parent Relationship Therapy



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著者:Landreth, Garry L./ Bratton, Sue C.

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The parent-child bond holds much more emotional significance than the relationship between a therapist and a child. As filial therapy professionals, Landreth and Bratton maintain that a parent acting as an agent for change in place of a therapist can result in significant therapeutic gains. "Child Parent Relationship Therapy (CPRT)" will help therapists train parents to work with their own children by providing them with the basic child-centred play therapy principles and skills needed to conduct regularly scheduled parent-child play sessions. In this easy-to-follow guide, Landreth and Bratton provide a background of the filial therapy approach with a discussion of the historical and theoretical development and an overview of the process involved. They provide an outline and content for the 10-session CPRT training model that includes required parent-child play sessions, answers to common questions, research summaries, and other additional resources on the topic. "CPRT" presents a thorough look at filial therapy through extensive transcripts of actual sessions and case examples. The combination of the expertise and comprehensive research of the authors results in a valuable book that is accessible to and suitable for both students and professionals.

作者介绍:

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