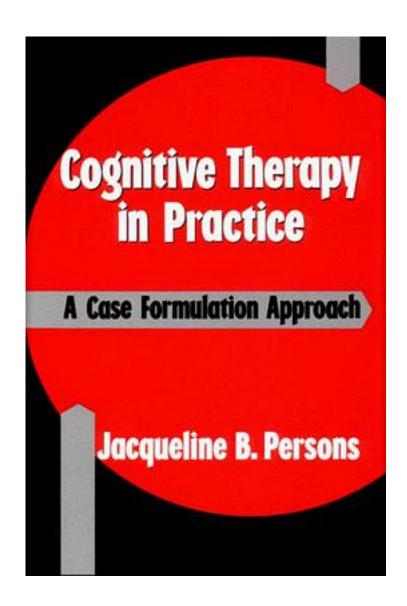
Cognitive Therapy in Practice



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著者:Persons, Jacqueline B.

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评论
2021第1本,第2本原文。
书 评

This book gives a nitty-gritty account of cognitive behavior therapy in practice. The author intrdouces us to her patients, shares her thinking about their problems and outlines interventions based on her undertanding.