The Six Stages Of Parenthood

The Six Stages
Parenthood
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"PARENTS WILL RECOGNIZE THEMSELVES AGAIN AND AGAIN IN THIS BOOK"
PSYCHOLOGY TODAY



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Almost all books for parents focus on the way children develop. Ellen Galinsky, instead, writes about how parents develop. Drawing on the work in adult development of Erik Erikson and Daniel Levinson, she describes six distinct stages in the life of a parent: the image-making that occurs during pregnancy; the nurturing role that swallows parents up from birth through the first couple of years; the authority parents must develop as small children show independence; the interpretive stage when parents explain the world and their values to school-age children; the interdependent stage when teenagers challenge authority; and the departure years when parents let go and take stock of their accomplishments and failures.

目录:
The Six Stages Of Parenthood_下载链接1_
标签
parenting
评论
 The Six Stages Of Parenthood_下载链接1_
THE SIX Stages Of Farenthood_ #XIII]XI_
书评
The Six Stages Of Parenthood_下载链接1_

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