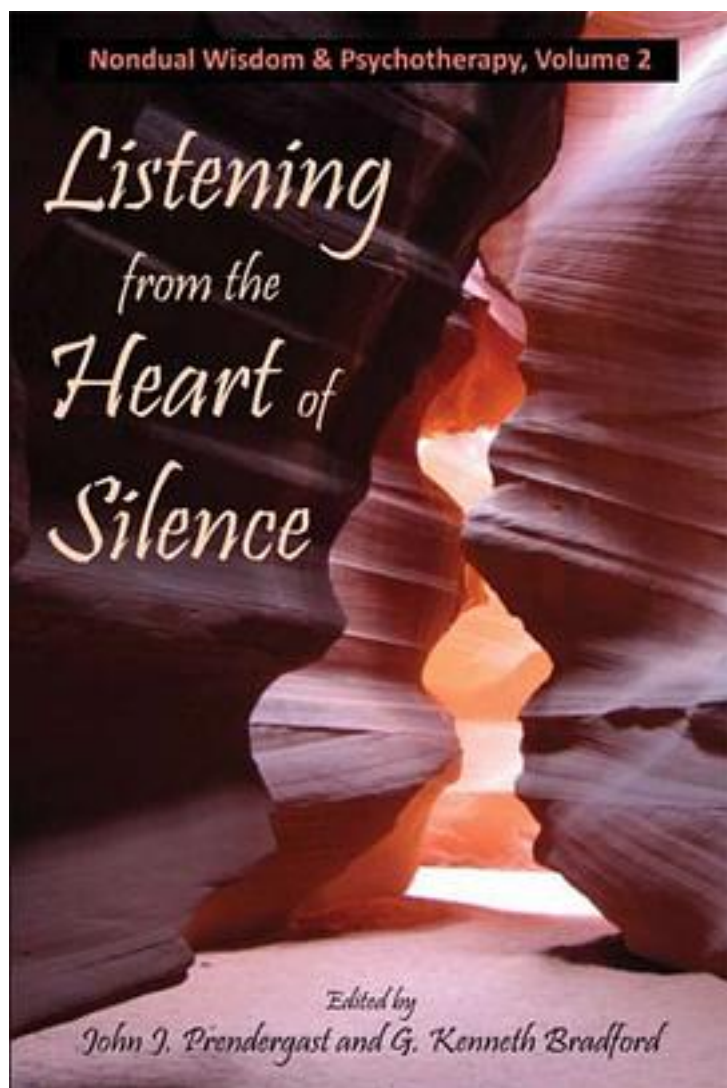


Listening from the Heart of Silence



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This exceptional volume examines the interaction between authentic spiritual understanding and psychology by exploring the qualities of non-dualism as a concept in listening - both to ourselves and to others. "Listening From the Heart of Silence" attempts to show that only when we can fully recognize the non-dualist wisdom found in many of the world's spiritual traditions, can we truly begin to live life with absolute love, honesty, spontaneity, and power. It then goes on to show how these types of spiritual traditions can also be found in the specialized relationships between therapists and their patients - allowing readers to gain an insight into the complex but important interface between spiritual understanding and psychology.

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