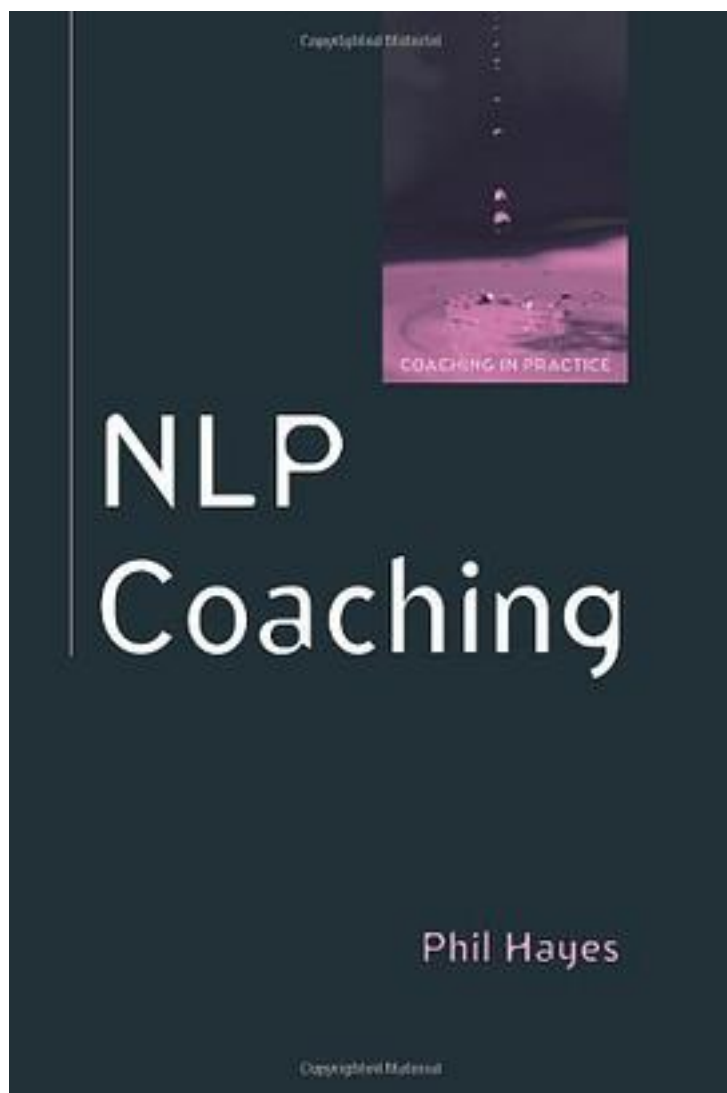# NLP Coaching

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著者:Hayes, Philip

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You can incorporate these Self-Help Techniques with Your Clients. This book presents a practical and exciting introduction to neuron linguistic programming - self-help techniques proponents believe can program the mind to achieve success. "NLP Coaching" offers you tried and tested techniques on how to incorporate NLP methods with your clients. With case studies and diagrams, you teach your clients all aspects of NLP, helping them build confidence in the workforce, set goals, or resolve career or everyday issues.

作者介绍:

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