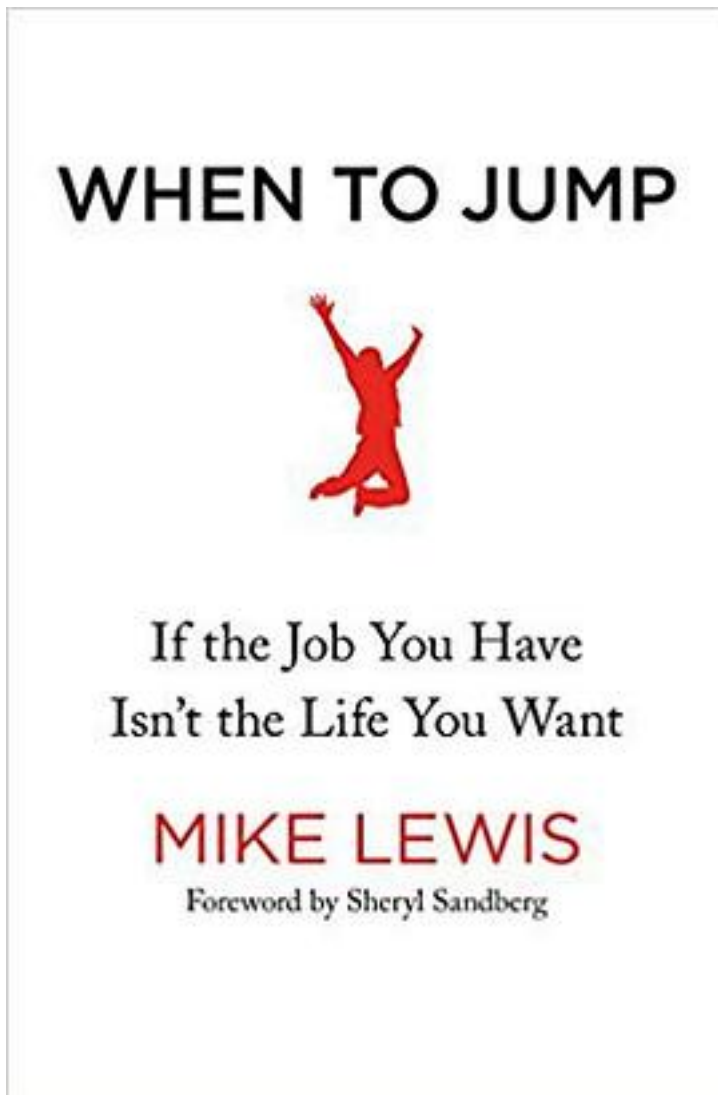


# When To Jump



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著者:[美] Mike Lewis

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When Mike Lewis was twenty-four and working in a prestigious corporate job, he eagerly wanted to leave and pursue his dream of becoming a professional squash player. But he had questions: When is the right time to move from work that is comfortable to a career you have only dared to dream of? How have other people made such a jump? What did they feel when making that jump—and afterward?

Mike sought guidance from others who had “jumped,” and the responses he got—from a banker who started a brewery, a publicist who became a Bishop, a garbage collector who became a furniture designer, and on and on—were so clear-eyed and inspiring that Mike wanted to share what he had learned with others who might be helped by those stories. First, though, he started playing squash professionally.

The right book at the right time, When to Jump offers more than forty heartening stories (from the founder of Bonobos, the author of The Big Short, the designer of the Lyft logo, the Humans of New York creator, and many more) and takeaways that will inspire, instruct, and reassure, including the ingenious four-phase Jump Curve.

作者介绍:

Mike Lewis worked at Bain Capital before chasing his dream of playing professional squash. He is the founder and CEO of When to Jump, a global community of people who have left one path to pursue a very different one. When to Jump has reached millions through media impressions, in-person events, and brand collaborations. When to Jump, a collection of case studies with clear guidance on how and when to jump, is Mike's first book. He received his BA from Dartmouth College and lives in San Francisco.

目录: Phase 1: Listen to the Little Voice

Phase 2: Make a Plan

Phase 3: Let Yourself Be Lucky

Phase 4: Don't Look Back

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标签

职业

跨行跳槽

换工作

英文原版

change

跳槽

2018

原版

## 评论

The most inspiring book!

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I know in ten years' time, i will look back and say thanks to Mike for compiling stories in this book - i know it will alter the direction of my life completely.

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本书讲的不是一般意义上的工作跳槽，而是怎么倾听自己内心的声音，如何做准备，用实际行动追求梦想和超越自我。

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从第一份工作想离职开始断断续续一直到做第三份工作了才读完，中间经历了两次裸辞，转行，甚至将近一年的待业。不同时期看这本书的心态可太不一样咯，从“原来有那么多人跟我有一样的想法”到“有些jump真的会让人付出过大的代价，不值得”到“不后悔，但以后会更谨慎”

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年初这本书刚出版就搞来了kindle版，断断续续读了大半年，今天终于在高铁上读完了。最喜欢最后一部分关于离职之后，not looking back的建议。

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Nice to hear from those familiar names.

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Some of the stories are sooooo great and inspiring

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还挺不错的

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人到中年，终于看了这本书。

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Inspiring!

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略读了一下开头，不适合我目前的状态。可以考虑平时尝试一下自己的兴趣，看看是不是真正的兴趣所在。

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3.5 WHAT' S THE WORST thing that can happen ?

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看序言发现mike和fb的桑德伯格拥有同样的曾祖父母，好神奇的联系…我觉得都是很有启发性的人生经历分享，开篇第二个故事，做了一辈子护士，在39岁那年把儿子送入大学后，终于可以没有包袱的去读医学博士做医生了，44岁申请到医学院，五十岁进入美国最一流的梅奥诊所做实习/住院医，真的it' s never too late。希望我们都勇敢、坚韧，朝着自己的目标走去吧～

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目前读下来还相当一般 弃

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114-117

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When To Jump, 关于工作跳槽，关于平常心态，follow your heart :) Any request for any ebook finding, please visit wechat public page: iAudioBook

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在我非常非常想跳槽的时候看的。由无数跳槽的小故事组成，有些真的很inspiring。但这也是本“道理我都懂”系列丛书，知易行难啊！（ps.这是第一本我完整一口气读完的外语小说，想给自己鼓鼓掌；pps.我发表这段评论的时候豆瓣只有11个人看过这本书哎）

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看书名以为是告诉你什么时候最适合跳槽，结果看了内容之后才发现是跨行跳槽。一，听从内心声音 二，做好计划 三，幸运找上门 四，不要回头  
每一章的开头是作者自己的故事，接着就是各行各业跨行工作的人自己的小故事。恩~道理都懂，但梁静茹没有给我勇气去做。

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People love to live through other lives

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书评

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