

Memory



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Memory is perhaps the most extraordinary phenomenon in the natural world. Every person's brain holds millions of bits of information in long-term storage. This vast memory store includes our extensive vocabulary and knowledge of language; the tremendous and unique variety of facts we've amassed; all the skills we've learned, from walking and talking to musical and athletic performance; many of the emotions we feel; and the continuous sensations, feelings, and understandings of the world we term consciousness. Without memory there can be no mind as we understand it. Focusing on cutting-edge research in behavioral science and neuroscience, "Memory" is a primer of our current scientific understanding of the mechanics of memory and learning. Over the past two decades, memory research has accelerated and we have seen an explosion of new knowledge about the brain. For example, there now exists a wide-ranging and successful applied science devoted exclusively to the study of memory that has yielded better procedures for eliciting valid recollections in legal settings and improved the diagnosis and treatment of memory disorders. Everyone fascinated by the scope and power of the human brain will find this book unforgettable.

作者介绍:

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标签

记忆

评论

一个很有趣的点：我们之所以不记得很小比如六个月大时的事情，不是因为我们对那是没有记忆，而是因为那时候我们还没有语言。人类无法描述在他们形成语言系统前发生的事情(当然原始人不是反例，因为原始人也有自己的语言系统)

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书评

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