

The Quest for Immortality



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Medical science has uncovered a host of answers to the problems of ageing, but many of the most exciting discoveries are buried in scientific journals or overshadowed by popular quick-fix treatments. This text explains the real science of ageing and shows which treatments offered by today's multi-million pound anti-ageing industries offer real hope and which are a waste of money and time. The book highlights the difference between science and pseudoscience, and between the foolish quest simply to prolong life and the more rational dream of living long lives with independence and good health.

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