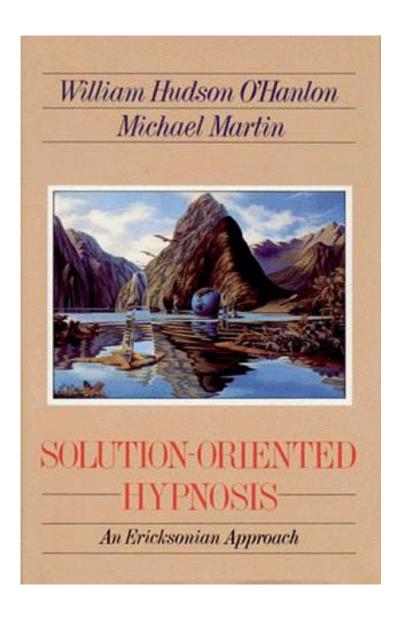
Solution-Oriented Hypnosis



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This book sets out to create for the reader the experience of attending one of Bill O'Hanlon's two-day seminars on Ericksonian hypnosis, capturing the fresh, humorous, energetic spirit of the event. Using his innovative Class of Problems/Class of Solutions approach, O'Hanlon demystifies hypnosis, enabling readers to easily understand Ericksonian techniques and to elicit and use trance in clinical work.
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Step into the trance state and let life flow through, for a graceful fall or a glorious rise. Because everything will be okay.
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