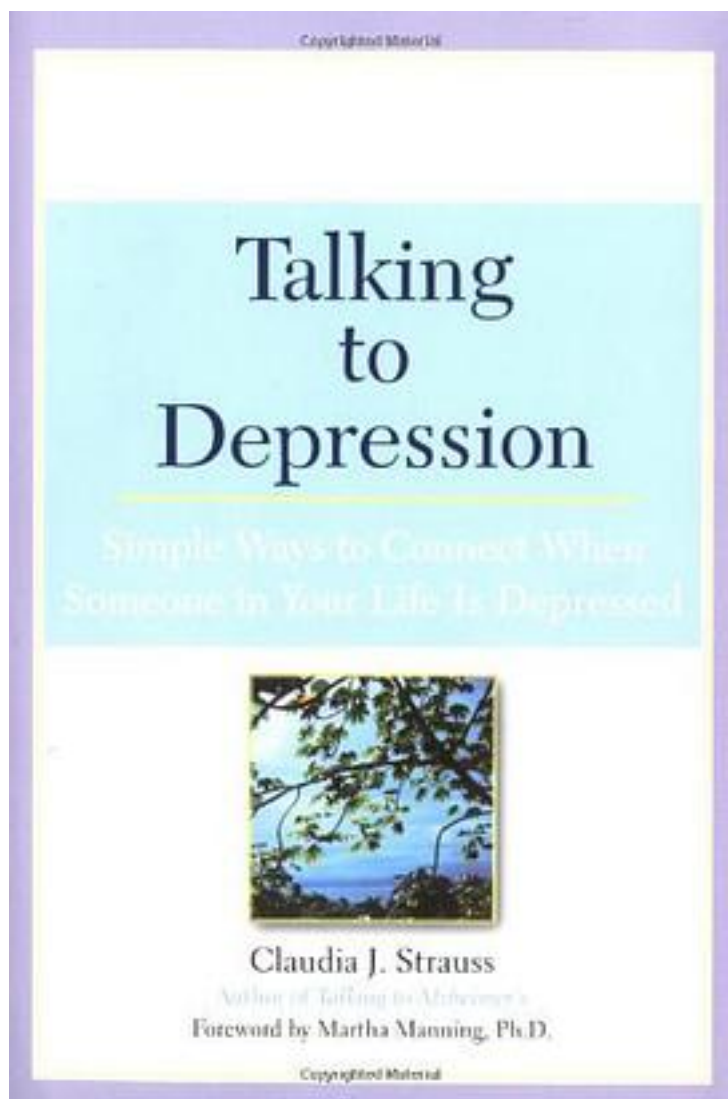


# Talking to Depression



[Talking to Depression 下载链接1](#)

著者: Strauss, Claudia

出版者: New Amer Library

出版时间: 2004-1

装帧: Pap

isbn: 9780451209863

When someone suffers from depression, friends and family members naturally want to help-but too often their good intentions come out all wrong. This practical, compassionate guide helps readers understand exactly what their loved one is going through, and why certain approaches help and others have the potential to do damage. Talking to Depression offers specific advice on what to do and what not to do-and what to say and what not to say-to avoid frustration and give the kind of caring, effective support that will make a difference.

作者介绍:

目录:

[Talking to Depression\\_ 下载链接1\\_](#)

标签

Psychology

评论

-----  
[Talking to Depression\\_ 下载链接1\\_](#)

书评

-----  
[Talking to Depression\\_ 下载链接1\\_](#)