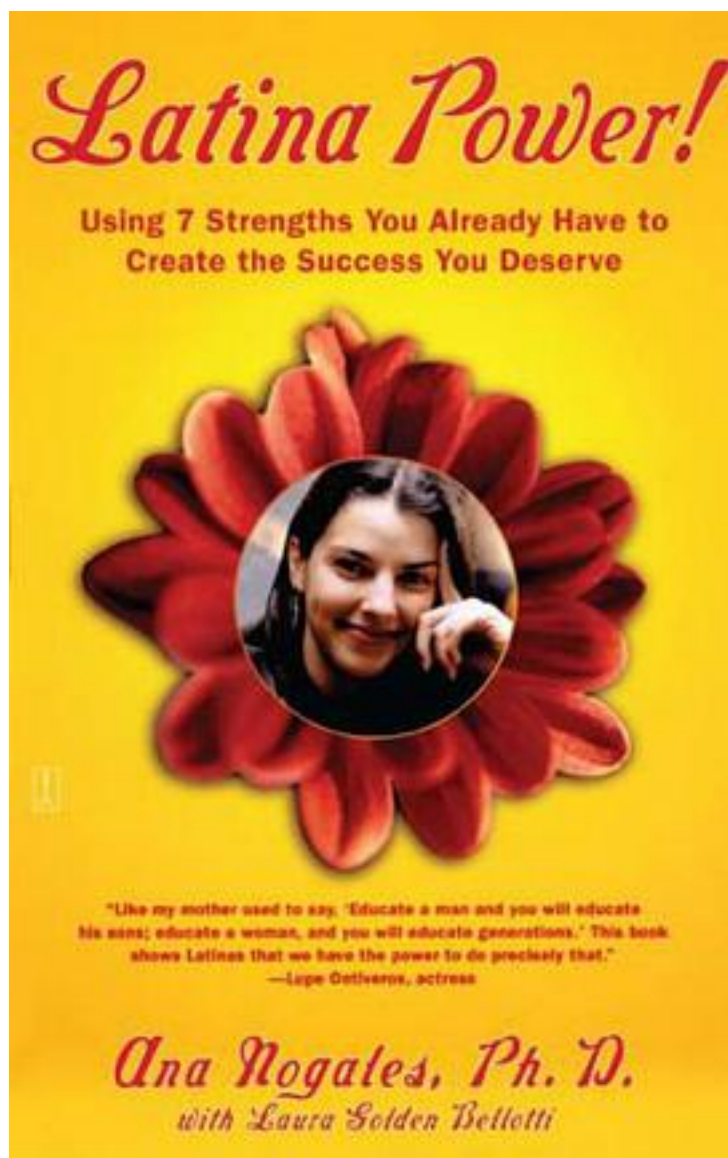


Latina Power!



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In this empowering guide, Dr. Ana Nogales encourages Latinas to move beyond their expected roles and become the women they wish to be by embracing the seven traits they inherit naturally from their Latino culture: UL LIEspiritu Creativo (Creative Spirit) LIThe Aguantadora's (Survivor's) Passionate Determination LIThe Comadre's (Girlfriend's) Networking Ability LIThe Diplomata's (Diplomat's) Discretion LIThe Atrevida's (Risktaker's) Courage LIThe Malabarista's (Multitasker's) Balance LILa Reina's (A Diva's) Confidence /ULEach chapter features an interactive element, including a quiz to determine how strong each attribute is in the reader's own personality, plus exercises to reinforce each trait. Filled with the personal stories of successful Latinas, including novelist Isabelle Allende, TV journalist Cristina Saralegui, Congresswomen Loretta and Linda Sanchez, "Latina" magazine founder Christy Haubegger, and entertainer Jaci Velasquez, "Latina Power" inspires readers to vigorously pursue their own dreams.

作者介绍:

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