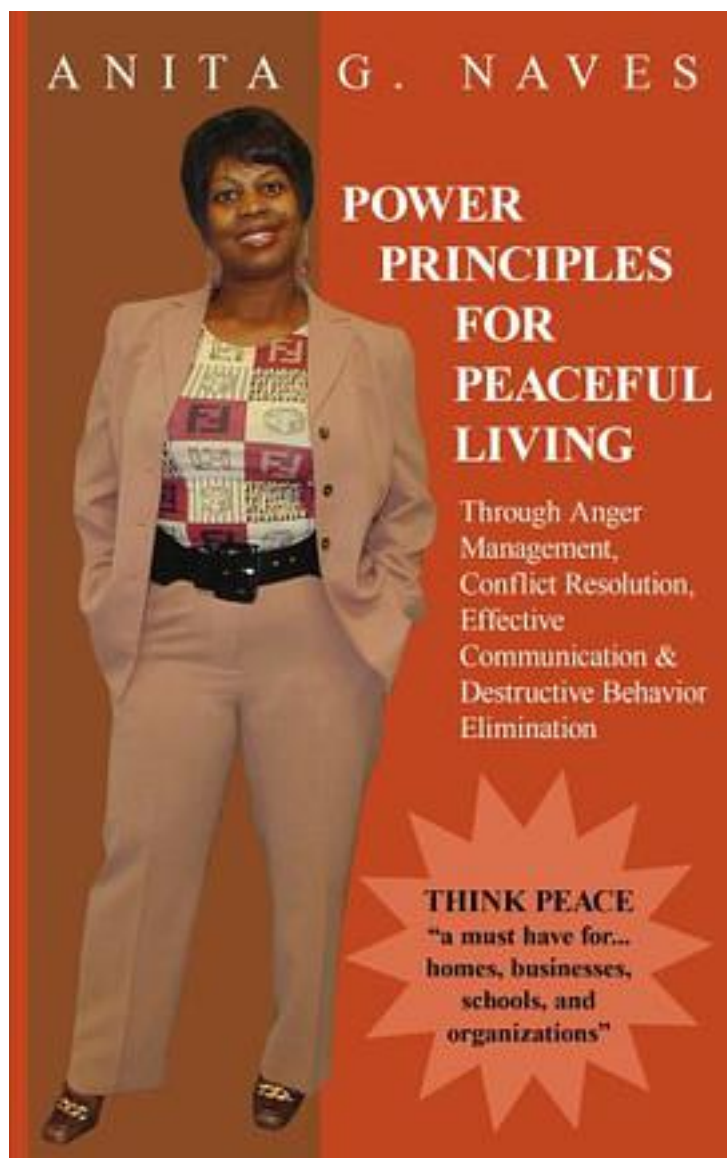


# Power Principles for Peaceful Living



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著者:Naves, Anita, G.

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You feel it Your blood rushes to your head, your heart is pounding heavily against your chest. Your adrenaline is racing, a burning sensation creeps throughout your body, you feel violent and explosive as your countenance changes. What is it Anger. Seeking to run rampant and uncontrolled. Power Principles for Managing Anger offers proven a practical anger management solutions from a timeless approach. It a must read For those attempting to deal with anger and resolve conflict. A must have For youth organizations, religious sectors, home, the work place, libraries. Never be caught off guard again. Join the author on a journey of self-development combined with biblical principles as she recounts life experiences that is sure awaken the peaceful man within. Stop Rethink, and React ...Choose to be made whole.

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