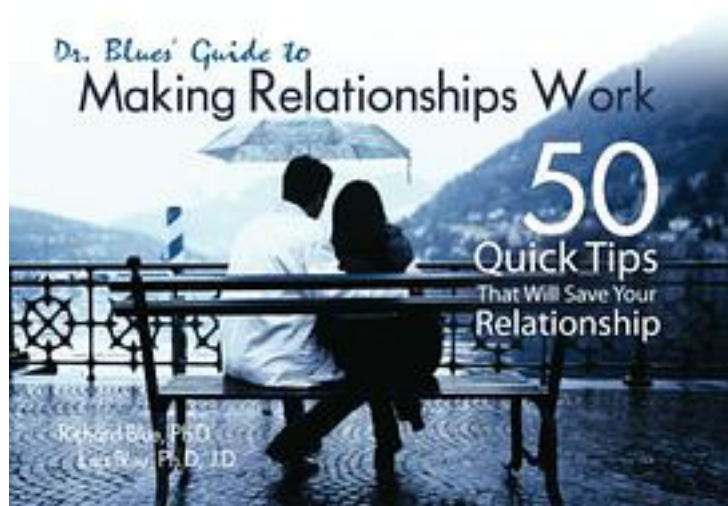


Dr. Blues' Guide to Making Relationships Work



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著者:Blue, Lisa

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Are you at the point that you are questioning whether this relationship is worth it? Are the bad times beginning to outweigh the good times? Are you feeling discouraged because nothing seems to work and you do not have a plan? You are not alone in thinking these thoughts because relationships take work. Statistics do not bode well for relationships lasting even more than one year. Commitment to work on your relationship is difficult without positive hope for change. Once discouragement grows, it is easy to give up and just let your relationship die a slow death. This 'quick tip' method offers hope for change. Taking the initiative to make your relationship better empowers you because you are taking action. Our book will help you develop a positive plan for change. You will gain confidence because you are taking charge of your relationship instead of just letting things happen. These 50 tips are the brainstorming of our many years of practice in working with people. Taking action using any one of them will give you the confidence that you are trying to make your relationship better.

作者介绍:

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