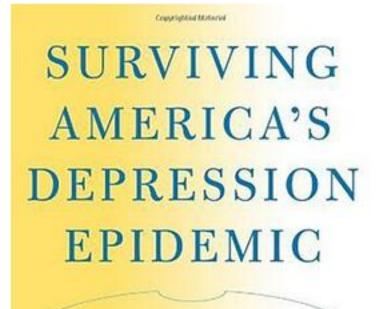
Surviving America's Depression Epidemic



How to Find Morale,
Energy, and Community in
a World Gone Crazy

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出版者:Chelsea Green Publishing

出版时间:2007-10-26

装帧:Paperback

isbn:9781933392714

The rate of depression in the U.S. has increased more than tenfold in the last fifty years. By not seriously confronting societal sources of despair, American mental health institutions have become part of the problem rather than the solution. The good news is that age-old wisdom and legitimate science--uncorrupted by the profit-margin pressures of pharmaceutical and insurance corporations--have much to inform us about revitalizing depressed people and a depressing culture. "Surviving America's Depression Epidemic" provides an alternate approach that encompasses the whole of our humanity, society, and culture, and which redefines depression in a way that makes enduring transformation more likely.

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