

The Gift



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The latest book from Shad Helmstetter, Ph.D., the author of the classic personal growth best-seller, "What to Say When You Talk to Your Self." "The Gift" is the inspiring story of women and men who are changing their own lives - by helping other people change theirs. This beautifully-written book helps you put the 12 best personal growth concepts ever discovered into practice - in your personal life and in your career.

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